Coverage for: Individual + Family | Plan Type: EPO



The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, visit <u>www.umr.com</u> or by calling 1-855-858-6860. For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms see the Glossary. You can view the Glossary at <u>www.umr.com</u> or call 1-855-858-6860 to request a copy.

Important Questions	Answers	Why this Matters:
What is the overall deductible?	\$500 person / \$1,500 family Health Investment Plan Offering (HIPO) (Tier 1), In- Area UHC SHO (Tier 2) & Out-of-Network (Tier 3)	Generally, you must pay all the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your deductible?	Yes. Preventive care services are covered before you meet your deductible.	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost-sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at <a href="https://www.healthcare.gov/coverage/preventive-care-benefits/">https://www.healthcare.gov/coverage/preventive-care-benefits/</a>
Are there other <u>deductibles</u> for specific services?	No.	You don't have to meet deductibles for specific services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	\$7,500 person / \$15,000 family Investment Plan Offering (HIPO) (Tier 1), In- Area UHC SHO (Tier 2) & Out-of-Network (Tier 3)	This <u>plan</u> has an <u>embedded annual out of pocket maximum</u> that means that if you have family coverage, any combination of Covered Family Members may help meet the Family <u>Out of Pocket Maximum</u> ; However, no one person will pay more than his or her Embedded Individual Out of Pocket Maximum Amount.
What is not included in the out-of-pocket limit?	Penalties, <u>premiums</u> , <u>balance billing</u> charges, and health care this <u>plan</u> doesn't cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit.
Will you pay less if you use a <u>network provider</u> ?	Yes. See <a href="https://www.umr.com">www.umr.com</a> or call 1-855-858-6860 for a list of <a href="https://www.umr.com">network</a> providers.	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays ( <u>balance billing</u> ). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a referral to see a specialist?	No.	You can see the specialist you choose without a referral.



All  $\underline{\text{copayment}}$  and  $\underline{\text{coinsurance}}$  costs shown in this chart are after your  $\underline{\text{deductible}}$  has been met, if a  $\underline{\text{deductible}}$  applies.

Common Services You May			What You Will Pay		Limitations, Exceptions, &
Medical Event	Need	HIPO (Tier 1)	In-Area (Tier 2)	Out-of-Network (Tier 3)	Other Important Information
	Primary care visit to treat an injury or illness	No charge; Deductible Waived	\$15 Copay per visit; Deductible Waived	Not covered	Questions regarding \$0-copay/\$0-coinsurance providers, visit ththealth.org/health-investment
	Specialist visit	\$30 Copay per visit; Deductible Waived	\$30 Copay per visit; Deductible Waived	Not covered	Questions regarding \$0-copay/\$0-coinsurance providers, visit ththealth.org/health-investment
If you visit a health care provider's office or clinic	Preventive care/screening/immunization	No charge; Deductible Waived	No charge; Deductible Waived	Not covered	You may have to pay for services that aren't preventive. Ask your provider if the services you need are preventive. Then check what your plan will pay for.
	Menopause Health and Wellness Program	\$500 copay	Not covered	Not covered	Service must be performed by Dr. Michelle Lin (My Family Doc) (702) 209-3590 3227 East Warm Springs Road, Building 23, Ste. 300 Las Vegas, Nevada 89120

Common	Services You May		What You Will Pay		Limitations, Exceptions, &
Medical Event	Need	HIPO (Tier 1)	In-Area (Tier 2)	Out-of-Network (Tier 3)	Other Important Information
		No charge: Deductible Waived if the Steinberg			Services not performed at a Quest Diagnostics freestanding lab will be covered at 100% after deductible.
	Diagnostic test (x-ray, blood work)	Diagnostics Imaging Lab or a freestanding Quest Diagnostic Lab provides the service	20% coinsurance	Not covered	Services not performed at a Steinberg Diagnostics Medical Imaging Lab will be subject to 20% coinsurance after deductible has been met
If you have a test	Imaging (CT/PET scans, MRIs)	No charge: Deductible waived if Steinberg Diagnostics is used. 20% Coinsurance after deductible if services are not available at Steinberg Diagnostics and are performed at other facilities	20% Coinsurance after deductible freestanding facilities	Not covered	None

Common	Services You May		What You Will Pay		Limitations, Exceptions, & Other Important Information
Medical Event	Need	HIPO (Tier 1)	In-Area (Tier 2)	Out-of-Network (Tier 3)	
	Generic drugs (Tier 1)	Retail: \$15 Copay (1–3 \$40 Copay (35–90-day Mail Order: 25% coinsi		Not covered	-Prescriptions filled at pharmacies other than THT's Exclusive Network Retail Pharmacies will incur a \$25 for Tier 1, \$32 for Tier 2, \$36 for Tier 3, per prescription choice fee in addition to applicable copays. The pharmacy choice fee does not accumulate
	Preferred brand drugs (Tier 2)	supply); 25% coinsurar supply)	te to a maximum of \$100 (1–34-day nee to a maximum of \$300 (35–90-day urance to a maximum of \$500	Not covered	
If you need drugs to treat your illness or	Non-preferred brand drugs (Out-of-Network (Tier 3))	Retail: 40% coinsurance 40% coinsurance (35– Mail Order: 40% coinsu	90-day supply)	Not covered	toward your out-of-pocket maximum.  -If the generic cost of the medication is less than the copay, the individual will be
More information about prescription drug coverage is available at www.cerpassrx.co	Formulary Diabetic Supplies and Insulin	25% coinsurance to a	maximum of \$20 (1–30-day supply) maximum of \$40 (31–60-day supply) maximum of \$60 (61–90-day supply)	Not covered	responsible for that lesser amount. Diabetic Supplies: includes syringes needles, lancets, and test strips – limited to a quantity of 200 per 30-day supply.
m/ththealth.	Generic asthma drugs (Tier 1)	\$15 Copay (1–30-day \$40 Copay (31–90-day	11 27	Not covered	-Retail Only. Prescriptions filled at pharmacies other than
	Preferred brand asthma drugs (Tier 2)	25% coinsurance to a	maximum of \$50 (1-30-day supply) maximum of \$100 (31-60-day supply) maximum of \$150 (61-90-day supply)	Not covered	THT's Exclusive Network Retail Pharmacies will incur a \$25 for Tier 1, \$32 for Tier 2, \$36 for
	Non-preferred brand asthma drugs (Out-of- Network (Tier 3))	40% coinsurance up to	90-day supply	Not covered	Tier 3, per prescription choice fee in addition to applicable copays. The pharmacy choice fee does not accumulate toward your out-of-pocket maximum.

Common	Services You May	What You Will Pay			Limitations, Exceptions, &
Medical Event	Need	HIPO (Tier 1)	In-Area (Tier 2)	Out-of-Network (Tier 3)	Other Important Information
	Specialty drugs (Tier 4 and 5)  Generic & Preferred brand drugs: 25% coinsurance to a maximum of \$500. Non-Preferred brand: 40% coinsurance		•	Not covered	30-day supply maximum. Questions regarding specialty drugs visit https://www. ththealth.org/pharmacy
	Select compounded hormone replacement drugs for the Menopause Health and Wellness Program	20% coinsurance		Not covered	Must be prescribed by Dr. Michelle Lin (My Family Doc). (702) 209-3590 Prescription must be filled at Solutions Specialty Pharmacy located at 8579 S. Eastern Ave, Las Vegas, NV 89123 (702) 792-3777
If you have	Facility fee (e.g., ambulatory surgery center)	Not covered	20% Coinsurance	Not covered	None
outpatient surgery	Physician/surgeon fees	Not covered	20% Coinsurance	Not covered	None
If you need immediate medical attention	Emergency room care	Not covered	\$300 Copay for 1st visit; \$750 Copay all subsequent visits per plan year facility; 20% Coinsurance physician	\$300 Copay for 1st visit; \$750 Copay all subsequent visits per plan year facility; 20% Coinsurance physician	Copay may be waived if admitted
	Emergency medical transportation	Not covered	20% Coinsurance	20% Coinsurance	Ground ambulance allowable expense is the lesser of (i) billed charges or (ii) applicable state or municipal franchisee rate.

Common	Services You May		What You Will Pay		Limitations, Exceptions, &
Medical Event	Need	HIPO (Tier 1)	In-Area (Tier 2)	Out-of-Network (Tier 3)	Other Important Information
					Preauthorization is required for non-emergency.
	<u>Urgent care</u>	No charge; Deductible Waived	\$30 Copay per visit; Deductible Waived	\$30 Copay per visit; Deductible Waived	Questions regarding \$0-copay/\$0-coinsurance providers, visit ththealth.org/health-investment
	Facility fee (e.g., hospital room)	Not covered	20% Coinsurance	Not covered	
If you have a hospital stay	Physician/surgeon fee	Not covered	20% Coinsurance	Not covered	Preauthorization is required.
If you have mental health, behavioral health, or substance abuse services	Outpatient services	No charge; Deductible Waived	\$10 Copay per visit; Deductible Waived Office visits; 20% Coinsurance other outpatient services	Not covered	Questions regarding \$0-copay/\$0-coinsurance providers, visit ththealth.org/health-investment
If you are pregnant	Inpatient services	Not covered	20% Coinsurance	Not covered	Preauthorization is required.
If you are	Office visits	No charge; Deductible Waived	No charge; Deductible Waived	Not covered	Cost sharing does not apply to certain preventive services.  Depending on the type of services, deductible
pregnant	Childbirth/delivery professional services	20% Coinsurance	20% Coinsurance	Not covered	services, deductible, copayment, or coinsurance may apply. Maternity care may include tests and services

Common	Services You May	What You Will Pay			Limitations, Exceptions, &
Medical Event	Need	HIPO (Tier 1)	In-Area (Tier 2)	Out-of-Network (Tier 3)	Other Important Information
	Childbirth/ delivery facility services	20% Coinsurance	20% Coinsurance	Not covered	described elsewhere in the SBC (i.e., ultrasound).
	Home health care	20% Coinsurance	20% Coinsurance	Not covered	60 Maximum visits per calendar year In-network
	Rehabilitation services	No charge; Deductible Waived (Physical Therapies)	\$10 Copay per visit (Physical, Occupational and Speech Therapies)	Not covered	Questions regarding \$0-copay/\$0-coinsurance providers, visit
If you need help recovering or have other special	Habilitation services	Not covered	\$10 Copay per visit	Not covered	ththealth.org/health-investment Preauthorization is required after 30 visits. Habilitation services for Learning Disabilities are not covered.
health needs	Skilled nursing care	Not covered	20% Coinsurance	Not covered	60 Maximum days per plan year; Preauthorization is required.
	Durable medical equipment	20% Coinsurance	20% Coinsurance	Not covered	Preauthorization is required for DME costs in excess of \$3,000 for rentals or purchases.
	Hospice service	Not covered	20% Coinsurance	Not covered	None

Common	Services You May	What You Will Pay			Limitations, Exceptions, &
Medical Event	Need	HIPO (Tier 1)	In-Area (Tier 2)	Out-of-Network (Tier 3)	Other Important Information
If your child needs eye care  More information regarding vision	Children's eye exam	Not covered	Not covered	Not covered	None
coverage can be found at vsp.com or by calling 800-877-7195	Children's glasses	Not covered	Not covered	Not covered	None
If your child needs dental care  More information regarding dental coverage can be found at mycigna.com or by calling 800-244-6224	Children's dental check-up	Not covered	Not covered	Not covered	None

### **Excluded Services & Other Covered Services:**

# Services Your Plan Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Cosmetic surgery
- Dental care (Adult)
- Infertility treatment

- Long-term care
- Non-emergency care when traveling outside the U.S.
- Private-duty nursing

- Routine eye care (Adult)
- Routine foot care
- Weight loss programs

# Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

Acupuncture

Chiropractic care

Hearing aids

Bariatric surgery

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is U.S. Department of Health and Human Services, Center for Consumer Information and Insurance Oversight, at 1-877-267-2323 x61565 or <a href="https://www.cciio.cms.gov">www.cciio.cms.gov</a>. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance <a href="https://www.HealthCare.gov">Marketplace</a>. For more information about the <a href="https://www.HealthCare.gov">Marketplace</a>, visit <a href="https://www.HealthCare.gov">www.HealthCare.gov</a> or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your plan for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information to submit a <u>claim</u>, <u>appeal</u> or a <u>grievance</u> for any reason to your <u>plan</u>. Additionally, a consumer assistance program may help you file your <u>appeal</u>. A list of states with Consumer Assistance Programs is available at <u>www.HealthCare.gov</u> and <a href="http://cciio.cms.gov/programs/consumer/capgrants/index.html">http://cciio.cms.gov/programs/consumer/capgrants/index.html</a>.

# Does this plan Provide Minimum Essential Coverage? Yes

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

# Does this plan Meet the Minimum Value Standard? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

To see examples of how this <u>plan</u> might cover costs for a sample medical situation, see the next section.

# **About these Coverage Examples:**



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

# Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

■ The plan's overall deductible	\$500
■ Specialist copayment	\$30
■ Hospital (facility) coinsurance	20%
■ Other coinsurance	20%

#### This EXAMPLE event includes services like:

Specialist office visits (pre-natal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

Total Example Cost

Ψ12,100
\$500
\$0
\$2,000
\$70
\$2,570

# Managing Joe's type 2 Diabetes

(a year of routine in-network care of a well-controlled condition)

■ The <u>plan's</u> overall <u>deductible</u>	\$500
■ Specialist copayment	\$30
■ Hospital (facility) coinsurance	20%
■ Other coinsurance	20%

## This EXAMPLE event includes services like:

<u>Primary care physician</u> office visits (including disease education)

Diagnostic tests (blood work)

Prescription drugs

\$12 700

**Total Example Cost** 

Durable medical equipment (glucose meter)

\$400			
\$100			
\$0			
What isn't covered			
\$4,300			
\$4,800			

# **Mia's Simple Fracture**

(in-network emergency room visit and follow up care)

■ The plan's overall deductible	\$500
■ Specialist copayment	\$30
■ Hospital (facility) coinsurance	20%
■ Other <u>coinsurance</u>	20%

#### This EXAMPLE event includes services like:

Emergency room care (including medical supplies) Diagnostic tests (x-ray)

Durable medical equipment (crutches)

**Total Example Cost** 

\$5.600

Rehabilitation services (physical therapy)

Total = Mailipio o o o c	<b>4</b> -,000
In this example, Mia would pay:	
Cost Sharing	
<u>Deductibles</u> *	\$500
Copayments	\$400
Coinsurance	\$200
What isn't covered	
Limits or exclusions	\$10
The total Mia would pay is	\$1,110

Note: These numbers assume the patient does not participate in the <u>plan's</u> wellness program. If you participate in the <u>plan's</u> wellness program, you may be able to reduce your costs. For more information about the wellness program, please contact: <u>www.umr.com</u> or call 1-855-858-6860.

\*Note: This <u>plan</u> has other <u>deductibles</u> for specific services included in this coverage example. See "Are there other <u>deductibles</u> for specific services?"" row above.

\$2.800