



# Parent Education Group



## Parent Education Group

Join our virtual **Parent Education Group**, where we provide a supportive and informative environment for parents of a child dealing with behavioral health issues.

### What we offer:

- **Expert Guidance:** Learn from experienced professionals on various parenting topics.
- **Support Mental Health:** Equip parents with knowledge and resources to support their children's mental health and well-being,
- **Interactive Sessions:** Participate in engaging discussions designed to enhance your parenting skills.

### Topics discussed include:

- Medical necessity and clinically appropriate care
- Level of care information and navigation
- Importance of aftercare and care management
- What do I do/what do I say
- Crisis intervention on high-risk youth education
- De-escalation tips and techniques
- Care expectations
- Post-hospital care
- Communication techniques

### How to join on Microsoft Teams:

June 2<sup>nd</sup> 5-6PM PST

July 7<sup>th</sup> 5-6pm PST

[Click here to join](#)

For questions email [BHOEAP@bhoptions.com](mailto:BHOEAP@bhoptions.com)

## WE ARE HERE TO HELP

Contact BHO at

**1-800-878-6266, TTY 711**

To access all THT resources visit [THThealth.org](http://THThealth.org)

