



Seeing clearly: bias, beliefs, and brave conversations about suicide.

This trauma-informed training brings mental health professionals into a reflective, hands-on exploration of suicide awareness. Participants examine personal beliefs and biases, engaging in micro-teachings, guided reflection and immersive activities that help strengthen their clinical presence in suicide-related conversations. This is a growth-oriented space fostering courage, humility, and professional development.

The workshop will delve into:

- **Awareness:** Complete a pre/post self-assessment on suicide attitudes
- **Reflection:** Identify beliefs, feelings, and one growth area
- **Acceptance:** Explore personal responses through group dialogue
- **Knowledge:** Debunk three suicide myths using evidence
- **Planning:** Choose one next step for continued learning
- **Context:** Learn the significance of Suicide Awareness Month

Participants will leave with:

- A clearer sense of their own stance toward suicide
- Tools to recognize and soften personal biases
- Evidence-based knowledge to replace common myths
- Practical next steps for their continued growth
- Familiarity with national and Nevada-specific crisis resources

About the facilitator:

Dr. Tatsiana Razzhavaikina is a licensed psychologist who helps people heal, grow, and live authentically. She specializes in trauma, transitions, and wellbeing, and trains mental health professionals. Known for her warmth and clarity, she creates safe spaces for deep reflection, connection, and personal transformation.

Earn two CEU's
Join us online
Friday, October 10,
from 9 to 11 a.m. PST

For more information
scan or click the QR code

