Coverage for: Employee + Dependents | Plan Type: PPO

**EMI Health: Teachers Health Trust Option 1** 

The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately.

This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, please call 1-800-662-5851. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms see the Glossary. You can view the Glossary at https://www.healthcare.gov/sbc-glossary/ or call 1-800-662-5851 to request a copy.

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Important Questions	Answers	Why this Matters:	
What is the overall deductible?	For participating providers: \$500 person / \$1,500 family for calendar year For non-participating providers: \$1,500 person / \$4,500 family for calendar year	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .	
Are there services covered before you meet your deductible?	Yes. <u>Preventive care</u> , <u>prescription drugs</u> , and office visits are covered before you meet your <u>deductible</u> .	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost-sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at <a href="https://www.healthcare.gov/coverage/preventive-care-benefits/">https://www.healthcare.gov/coverage/preventive-care-benefits/</a> .	
Are there other deductibles for specific services?	No.	You don't have to meet <u>deductibles</u> for specific services.	
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	For participating providers: \$7,500 person / \$15,000 family For non-participating providers: \$7,500 person / \$15,000 family	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.	
What is not included in the out-of-pocket limit?	Premiums, balance-billed charges, health care this plan doesn't cover, Additional Benefits, certain specialty pharmacy drugs, and penalties for failure to obtain preauthorization for services	Even though you pay these expenses, they don't count toward the out-of-pocket limit.	
Will you pay less if you use a <u>network provider</u> ?	Yes. See www.emihealth.com or call 1-800-662-5851 for a list of network providers.	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan</u> 's <u>network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider</u> 's charge and what your <u>plan</u> pays ( <u>balance billing</u> ). Be aware your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.	
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the <u>specialist</u> you choose without a <u>referral</u> .	



All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

Common		What You	Will Pay	Limitations, Exceptions, & Other Important
Medical Event	Services You May Need	Participating <u>Provider</u> (You will pay the least)	Non-Participating Provider (You will pay the most)	Information
If you visit a health care	Primary care visit to treat an injury or illness	\$15 <u>copay</u> / visit; <u>deductible</u> does not apply	50% coinsurance	none
provider's office or clinic	Specialist visit	\$30 <u>copay</u> / visit; <u>deductible</u> does not apply	50% <u>coinsurance</u>	none
	Preventive care/screening/immunization	No charge; <u>deductible</u> does not apply	Not covered	Coverage is limited to one visit per Year for some services. You may have to pay for services that aren't <u>preventive</u> . Ask your <u>provider</u> if the services needed are <u>preventive</u> . Then check what your <u>plan</u> will pay for.
If you have a test	<u>Diagnostic test</u> (x-ray, blood work)	No charge after deductible/ office visit No charge after deductible/ outpatient visit 20% coinsurance/ inpatient services	50% <u>coinsurance</u>	none
	Imaging (CT/PET scans, MRIs)	No charge after deductible	50% coinsurance	Requires <u>preauthorization</u>

Common		What You Will Pay		Limitations Evacutions & Other Important
Medical Event	Services You May Need	Participating Provider (You   Non-Participating Provider		Limitations, Exceptions, & Other Important Information
		will pay the least)	(You will pay the most)	inionilation
		\$15 copay/ prescription Retail		Up to a 30-day supply (retail prescription) per
If you need drugs to treat	Generic drugs	\$40 copay/ prescription Mail	Not covered	copay; up to a 90-day supply (mail order
your illness or condition		Order		prescription) per copay
		25% coinsurance Retail (\$100		
More information about	D ( )	maximum <u>copay</u> / prescription)	N	Up to a 30-day supply (retail prescription) per
prescription drug coverage	Preferred brand drugs	25% <u>coinsurance</u> Mail Order	Not covered	copay; up to a 90-day supply (mail order
is available at www.emihealth.com.		(\$300 maximum copay/ prescription)		prescription) per <u>copay</u>
		40% coinsurance Retail		Up to a 30-day supply (retail prescription) per
	Non-preferred brand drugs	40% coinsurance Mail Order	Not covered	copay; up to a 90-day supply (mail order prescription) per copay
	Specialty drugs	25% <u>coinsurance</u> (\$1,500 maximum <u>copay</u> / prescription)	Not covered	Covers up to a 90-day supply (mail order prescription) per <u>copay</u> . The cost of certain drugs (though reimbursed by the manufacturer at no cost to you) will not be applied towards your <u>out-of-pocket limit</u> . See <a href="http://emihealth.com/pdf/saveon.pdf">http://emihealth.com/pdf/saveon.pdf</a> for details.
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	20% coinsurance	50% <u>coinsurance</u>	Some procedures require preauthorization
Surgery	Physician/surgeon fees	20% coinsurance	50% <u>coinsurance</u>	none
	Emergency room care	\$300 <u>copay</u> / visit	\$300 <u>copay</u> / visit	none
If you need immediate medical attention	Emergency medical transportation	20% coinsurance	20% coinsurance	none
	Urgent care	\$30 copay/ visit; deductible does not apply	50% coinsurance	none
If you have a hospital stay	Facility fee (e.g., hospital room)	20% coinsurance	50% coinsurance	Requires <u>preauthorization</u>
ii you nave a nospitai stay	Physician/surgeon fee	20% coinsurance	50% coinsurance	none

<sup>\*</sup> For more information about limitations and exceptions, see the <u>plan</u> or policy document at <u>www.emihealth.com</u>

Common		What You Will Pay		Limitationa Evacutions & Other Important	
Medical Event	Services You May Need	Participating <u>Provider</u> (You will pay the least)	Non-Participating Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information	
If you need mental health, behavioral health, or substance abuse services	Outpatient services	\$20 copay/ office visit; deductible does not apply and 20% coinsurance other outpatient services	50% <u>coinsurance</u>	Medications for substance abuse not covered	
	Inpatient services	20% coinsurance	50% coinsurance	Requires <u>preauthorization</u>	
	Office visits	\$10 copay/ office visit, 20% coinsurance for other services; deductible does not apply	50% <u>coinsurance</u>	Cost sharing does not apply for <u>preventive</u> services. Depending on the type of services, a	
If you are pregnant	Childbirth/delivery professional services	\$10 copay/ office visit, 20% coinsurance for other services; deductible does not apply	50% <u>coinsurance</u>	<u>copayment</u> or <u>coinsurance</u> may apply. Maternity care may include tests and services described elsewhere in the SBC (i.e. ultrasound).	
	Childbirth/delivery facility services	20% coinsurance	50% coinsurance	elsewhere in the SDO (i.e. ultrasound).	
	Home health care	20% coinsurance	50% coinsurance	none	
If you need help recovering	Rehabilitation services	\$30 copay/ office and outpatient visit; deductible does not apply and 20% coinsurance other inpatient services	50% <u>coinsurance</u>	Coverage limited to 20 outpatient visits per injury/illness for physical, speech, and occupational. Requires preauthorization for over 20 visits. Coverage limited to 40 inpatient days per Year.	
or have other special health needs	Habilitation services	Not covered	Not covered	N/A	
nealth needs	Skilled nursing care	20% coinsurance	50% <u>coinsurance</u>	Coverage limited to 30 days per Year. Admission must be within 5 days of a discharge from Hospital Confinement.	
	Durable medical equipment	20% coinsurance	50% <u>coinsurance</u>	Requires <u>preauthorization</u>	
	Hospice services	20% coinsurance	50% coinsurance	none none	
		Routine: No charge; deductible does not apply	Routine: Not covered	Limited to one <u>preventive</u> visit per Year.	
If your child needs dental or eye care		Non-routine: \$30 <u>copay</u> / visit; <u>deductible</u> does not apply	Non-routine: 50% coinsurance	none	
	Children's glasses	Not covered	Not covered	N/A	
	Children's dental check-up	Not covered	Not covered	N/A	

<sup>\*</sup> For more information about limitations and exceptions, see the <u>plan</u> or policy document at <u>www.emihealth.com</u>

### **Excluded Services & Other Covered Services:**

## Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Bariatric surgery
- Cosmetic surgery
- Dental care (Adult)

- Habilitation services
- Infertility treatment
- Long-term care

- Private-duty nursing
- Routine foot care
- Weight loss programs

## Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

- Acupuncture (20 visits per year)
- Chiropractic care (20 visits per year)
- Hearing aids (\$2,500 per ear every three years)

 Non-emergency care when traveling outside the U.S. Routine eye care (Adult)
 (1 visit per year)

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: the plan at 1-800-662-5851, your state insurance department, the Department of Health and Human Services, Center for Consumer Information and Insurance Oversight at 1-877-267-2323 x61565 or <a href="www.cciio.cms.gov">www.cciio.cms.gov</a>, or for plans subsect to ERISA: the Department of Labor's Employee Benefits Administration at 1-866-444-EBSA (3272) or <a href="www.dol.gov/ebsa/healthreform">www.dol.gov/ebsa/healthreform</a>. Other coverage options may be available to you too, including buying individual insurance coverage through the <a href="Health Insurance">Health Insurance</a> <a href="Marketplace">Marketplace</a>. For more information about the <a href="Marketplace">Marketplace</a>, visit <a href="www.HealthCare.gov">www.HealthCare.gov</a> or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your plan for a denial of a claim. This complaint is called a grievance or appeal. For more information about your rights, look at the explanation of benefits you will receive for that medical claim. Your plan documents also provide complete information to submit a claim, appeal, or a grievance for any reason to your plan. For more information about your rights, this notice, or assistance, contact: EMI Health at 5101 South Commerce Drive, Murray Utah 84107, by phone at 801-662-5851 or toll free at 1-800-662-5851. You may also contact the Department of Labor's Employee Benefits Security Administration at 1-866-44-EBSA (3272) or www.dol.gov/ebsa/healthreform. Does this plan provide Minimum Essential Coverage? Yes.

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

Does this plan meet the Minimum Value Standards? Yes.

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

To see examples of how this plan might cover costs for a sample medical situation, see the next page.

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<sup>\*</sup> For more information about limitations and exceptions, see the plan or policy document at www.emihealth.com

### **About these Coverage Examples:**



This is not a cost estimator. Treaments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

# Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

The plan's overall deductible	\$500
Specialist copayment	\$30
<ul><li>Hospital (facility) coinsurance</li></ul>	20%
Other coinsurance	20%

### This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

Total Example Cost	\$12,700

## In this example, Peg would pay:

Cost Sharing		
<u>Deductibles</u>	\$500	
<u>Copayments</u>	\$20	
<u>Coinsurance</u>	\$1,900	
What isn't covered		
Limits or exclusions	\$60	
The total Peg would pay is	\$2,480	

# **Managing Joe's type 2 Diabetes**

(a year of routine in-network care of a well-controlled condition)

The <u>plan</u> 's overall <u>deductible</u>	\$500
Specialist copayment	\$30
Hospital (facility) coinsurance	20%
Other coinsurance	20%

### This EXAMPLE event includes services like:

<u>Primary care physician</u> office visits (*including disease education*)

Diagnostic tests (blood work)

Prescription drugs

<u>Durable medical equipment</u> (glucose meter)

Total Example Cost	\$5,600

## In this example, Joe would pay:

Cost Sharing	
Deductibles	\$200
Copayments	\$2,100
Coinsurance	\$100
What isn't covered	
Limits or exclusions	\$70
The total Joe would pay is	\$2,470

# **Mia's Simple Fracture**

(in-network emergency room visit and follow up care)

The plan's overall deductible	\$500
Specialist copayment	\$30
<ul> <li>Hospital (facility) coinsurance</li> </ul>	<u>e</u> 20%
Other coinsurance	20%

#### This EXAMPLE event includes services like:

Emergency room care (including medical supplies)

Diagnostic test (x-ray)

<u>Durable medical equipment (crutches)</u>

Rehabilitation services (physical therapy)

Total Example Cost	\$2,800

## In this example, Mia would pay:

Cost Sharing	
<u>Deductibles</u>	\$500
<u>Copayments</u>	\$800
<u>Coinsurance</u>	\$200
What isn't covered	
Limits or exclusions	\$0
The total Mia would pay is	\$1,500