

Acupuncture Services (20 visits per Year)

Administered by Educators Health Plans Life, Accident, and Health, Inc. EMI Health Customer Service 801-262-7475 or 1-800-662-5851

All services are subject to the EMI Health Maximum Allowable Charg		Inded Employee Medical Benefit der, the Covered Person is	
responsible for all fees in excess of the Maximum Allowable Charge.			
Teachers Health Trust		Care Plus	
January 01, 2025 - December 31, 2025	Participating Provider Option	Non-Participating Provider Option	
GENERAL INFORMATION	YOU PA		
Benefit Accumulator	Calendar Year		
Dependent Age Limit	26		
Out-of-Pocket Maximum (Per Person/Family Per Year). Please note *	\$7,500 / \$15,000	\$7,500 / \$15,000	
Medical Deductible (Per Person/Family Per Year). Please note ◆	\$500 / \$1,500	\$1,500 / \$4,500	
Non-Preauthorization Patient Penalty	Not Applicable	No Coverage	
Non-Preauthorization Provider Sanction	50% Reduction in Payment	Not Applicable	
PRESCRIPTION DRUG BENEFITS (If brand is purchased when generic is available, member pays the copay plus the difference between the generic and the brand price)	YOU PA	AY	
Participating Pharmacy (up to 30 day supply)	Generic -	\$15	
	Preferred - 25% (\$100 Max)		
	Non-Preferred - 40%		
Non-Participating Pharmacy	Not Cove		
Mail Order (up to 90 day supply)	Generic -	* -	
		Preferred - 25% (\$300 Max)	
	Non-Preferred - 40%		
Specialty Pharmacy (up to 90 day supply) All fills must be purchased through Express Scripts Specialty Pharmacy.	25% (\$1,500 Max)		
Specialty Pharmacy SaveOnSP Program 1-800-683-1074	Must enroll to receive:		
http://emihealth.com/pdf/saveon.pdf	*\$0 Copay		
PREVENTIVE SERVICES	YOU PA	AY	
Routine Physical Exam (1 visit per Year)	Covered 100%	Not Covered	
Routine Gynecological Exam (1 visit per Year)	Covered 100%	Not Covered	
Family History Exam (1 visit per Year)	Covered 100%	Not Covered	
Routine Pap Smear & Mammogram (1 per Year)	Covered 100%	Not Covered	
Routine Well-Baby Exams	Covered 100%	Not Covered	
Covered Immunizations Routine Vision Exam (1 visit per Year)	Covered 100% Covered 100%	Not Covered	
Routine Hearing Exam (1 visit per Year)	Covered 100% Covered 100%	Not Covered Not Covered	
PHYSICIAN & PROFESSIONAL SERVICES	YOU PA		
Convenience Clinic	\$40	♦ 50%	
Physician Office Visits (primary care)	\$15	♦ 50%	
Physician Office Visits (secondary care)	\$30	♦ 50%	
Physician Office Visits (after hours)	\$30	♦ 50%	
Physician Visits (Inpatient)	* 20%	♦50%	
Physician Visits (Outpatient)	♦ 20%	♦50%	
Major Diagnostic Test, CT Scan, MRI, NMR (office)	◆Covered 100%	♦50%	
Minor Diagnostic Test, Radiology, Lab (office)	◆Covered 100%	♦50%	
/linor Diagnostic Test, Radiology, Lab (Inpatient)	♦ 20%	♦50%	
Minor Diagnostic Test, Radiology, Lab (Outpatient)	◆Covered 100%	♦50%	
njections (office)	20%	♦50%	
Surgery (office)	20%	♦ 50%	
Surgery (Inpatient)	20%	♦ 50%	
Surgery (Outpatient)	20% 20%	◆50% ◆50%	
Anesthesiology (office) Anesthesiology (Inpatient)	20%	◆50% ◆50%	
Anesthesiology (Inpatient) Anesthesiology (Outpatient)	20%	◆50% ◆50%	
Routine Prenatal & Delivery (Dependent maternity included)	\$10 office visit; 20% all other services	◆50% ◆50%	
Home Health and Hospice Care (in lieu of Hospital) (for supplies, see Medical Supplies and Equipment)	◆20%	♦ 50%	
Rehabilitation Therapy (Outpatient physical, speech or occupational - 20 visits per	\$30	♦ 50%	
/ear per injury/illness; Pre-Authorization required after 20 visits)	·		
Rehabilitation Therapy (Outpatient cardiac or pulmonary) Chiropractic Therapy (20 visits per Year)	\$30 \$30	◆50% ◆50%	
Uniropractic Therapy (20 visits per Year) Acumuncture Services (20 visits per Year)	\$30 \$30	◆5U% ◆50%	

\$30

♦50%

Teachers Health Trust		Care Plus	
January 01, 2025 - December 31, 2025	Participating Provider Option	Non-Participating Provider Option	
Allergy Testing	\$ 20%	♦ 50%	
Allergy Treatment/Serum	* 20%	♦ 50%	
HOSPITAL/FACILITY BENEFITS	YOU PAY		
(Physician & Professional Services are not included in this section.)			
Medical/Surgical/Maternity/Intensive Care (semi-private room)	♦ 20%	♦ 50%	
Medical/Surgical/Maternity/Intensive Care (Inpatient Ancillary)	♦ 20%	♦ 50%	
Skilled Nursing Facility (30 days per Year) (Admission must be within 5 days of	♦ 20%	♦50%	
discharge from Hospital Confinement)	♦ 20%	♦ 50%	
Medical/Surgical Care (Outpatient)	♦ 20%	♦ 50%	
Emergency Room (ER)	♦ \$300	♦ \$300	
Major Diagnostic Test, CT Scan, MRI, NMR (Outpatient)	◆Covered 100%	♦ 50%	
Minor Diagnostic Test, X-ray, Lab (Inpatient)	♦ 20%	♦ 50%	
Minor Diagnostic Test, X-ray, Lab (Outpatient)	◆Covered 100%	♦ 50%	
Newborn	Covered 100%	♦ 50%	
Urgent Care Clinic	\$30	♦ 50%	
Eligible Preventive Services	Covered 100%	Not Covered	
REHABILITATION THERAPY BENEFIT	YOU PAY		
Inpatient – physical, speech, occupational, cardiac, or pulmonary (40 days per	♦ 20%	♦ 50%	
person per Year)			
ACCIDENT AND LIFE THREATENING CONDITION	YOU	PAY	
Medical/Surgical – Physician/Facility/ER	Covered as any other condition		
Ambulance Land/Air (Accident & Life-threatening)	♦ 20%	Covered as a Participating Benefit to	
Orthodontic Injury Treatment	*50%	the Maximum Allowable Charge	
Dental Injury Treatment	* 20%		
TRANSPLANT BENEFIT		PAY	
Heart, Liver, Pancreas, Bone Marrow, Cornea, Lung, Kidney	\$1500 then Covered 100%	Not Covered	
MEDICAL SUPPLIES & EQUIPMENT		PAY	
Diabetic Testing Supplies (90 day supply)	Covered 100%	Covered 100%	
Medical Supplies	♦20%	♦ 50%	
Medical Supplies (office)	* 20%	♦ 50%	
Durable Medical Equipment/Prosthetics/Orthotic Devices	♦20%	♦50%	
Orthotic Supplies (foot inserts & arch supports)	♦20%	♦50%	
Growth Hormone	♦ 20%	♦ 50%	
MENTAL HEALTH & DRUG/ALCOHOL TREATMENT	-	PAY	
Inpatient Services (non-residential)	♦20%	♦50%	
Residential Treatment (30 days per Year)	♦20%	♦50%	
Partial Hospitalization and Intensive Outpatient Services	♦ 20%	♦ 50%	
Physician Office Visits	\$30	♦ 50%	
Psychologist / LCSW / APRN / Psychiatrist ADDITIONAL BENEFITS	VOL	PAY	
ADDITIONAL BENEFITS			
Hearing Aids, including repair and replacement (per ear every three years)	Covered 100% up to \$2500 (3 years)	\$500 then Covered 100% up to \$2500 (3 years)	
Wig or hairpiece (following chemotherapy or radiation course of treatment)	◆20% up to \$1000 per condition	♦20% up to \$1000 per condition	
TMJ Syndrome diagnosis & non-surgical treatment	♦ 20%	♦ 50%	
Orthognathic/Mandibular Osteotomy	Not Covered	Not Covered	
Total Parenteral Nutrition (TPN)	♦ 20%	♦ 50%	
Initial assessment and diagnosis of Primary Infertility	♦ 20%	♦ 50%	
Reduction Mammoplasty	♦ 20%	♦ 50%	
Autism Applied Behavior Analysis	♦ 20%	♦ 50%	

Services designated ◆ are subject to the Medical Deductible

Services designated *, premiums, balance-billed charges, charges for services this Plan doesn't cover, amounts in excess of benefit limits, and penalties for failure to obtain Preauthorization, do not accumulate toward your Out-of-pocket Maximum.

PROVIDER NETWORK		
Utah	EMI Health Care Plus	
Outside of Utah	Cigna PPO	

PLEASE NOTE: This is a summary only and does not guarantee benefits. All benefits are subject to the terms, limitations, and exclusions set forth in the Plan document and in the Summary Plan Description (SPD)/handbook of the Plan. Any discrepancies between this summary, the SPD/handbook, and the Plan document are resolved in favor of the Plan document. For more information, including Preauthorization, refer to the SPD/ handbook or the Plan document, or contact EMI Health Customer Service Department.