Teachers Health Trust

Member Benefit Guide 2024





Administered by Educators Health Plans Life, Accident, and Health, Inc. EMI Health Customer Service 801-262-7475 or 1-800-662-5851 Self Funded Employee Medical Benefit Plan

All services are subject to the EMI Health Maximum Allowable Charge. When using a Non-participating Provider, the Covered Person is responsible for all fees in excess of the Maximum Allowable Charge **Teachers Health Trust** Care Plus January 01, 2024 - December 31, 2024 Participating Non-Participating **Provider Option Provider Option GENERAL INFORMATION** YOU PAY Benefit Accumulator Calendar Year Dependent Age Limit 26 Out-of-Pocket Maximum (Per Person/Family Per Year). Please note * \$7.500 / \$15.000 \$7,500 / \$15,000 Medical Deductible (Per Person/Family Per Year). Please note \$500 / \$1,500 \$1,500 / \$4,500 Non-Preauthorization Patient Penalty Not Applicable No Coverage Non-Preauthorization Provider Sanction 50% Reduction in Payment Not Applicable PRESCRIPTION DRUG BENEFITS (If brand is purchased when generic is YOU PAY available, member pays the copay plus the difference between the generic and the brand price) Participating Pharmacy (up to 30 day supply) Generic - \$15 Preferred - 25% (\$100 Max) Non-Preferred - 40% Non-Participating Pharmacy Not Covered Mail Order (up to 90 day supply) Generic - \$40 Preferred - 25% (\$300 Max) Non-Preferred - 40% Specialty Pharmacy (up to 90 day supply) 25% (\$1,500 Max) All fills must be purchased through Express Scripts Specialty Pharmacy. Specialty Pharmacy SaveOnSP Program 1-800-683-1074 Must enroll to receive: http://emihealth.com/pdf/saveon.pdf *\$0 Copay PREVENTIVE SERVICES YOU PAY Routine Physical Exam (1 visit per Year) Covered 100% Not Covered Routine Gynecological Exam (1 visit per Year) Covered 100% Not Covered Family History Exam (1 visit per Year) Covered 100% Not Covered Routine Pap Smear & Mammogram (1 per Year) Covered 100% Not Covered Routine Well-Baby Exams Covered 100% Not Covered Covered Immunizations Covered 100% Not Covered Routine Vision Exam (1 visit per Year) Covered 100% Not Covered Routine Hearing Exam (1 visit per Year) Covered 100% Not Covered PHYSICIAN & PROFESSIONAL SERVICES YOU PAY Convenience Clinic \$40 ♦50% Physician Office Visits (primary care) \$15 ♦50% Physician Office Visits (secondary care) \$30 ♦50% Physician Office Visits (after hours) \$30 ♦50% Physician Visits (Inpatient) ♦20% ♦50% Physician Visits (Outpatient) ♦20% ♦50% Major Diagnostic Test, CT Scan, MRI, NMR (office) ♦Covered 100% ♦50% Minor Diagnostic Test, Radiology, Lab (office) ♦Covered 100% ♦50% Minor Diagnostic Test, Radiology, Lab (Inpatient) ♦20% ♦50% Minor Diagnostic Test, Radiology, Lab (Outpatient) ♦Covered 100% ♦50% Injections (office) 20% ♦50% Surgery (office) 20% ♦50% Surgery (Inpatient) 20% ♦50% Surgery (Outpatient) 20% ♦50% 20% Anesthesiology (office) ♦50% Anesthesiology (Inpatient) 20% ♦50% Anesthesiology (Outpatient) 20% ♦50% Routine Prenatal & Delivery (Dependent maternity included) \$10 office visit; 20% all other services ♦50% Home Health and Hospice Care (in lieu of Hospital) (for supplies, see Medical ♦50% ♦20% Supplies and Equipment) Rehabilitation Therapy (Outpatient physical, speech or occupational - 20 visits per \$30 ♦50% Year per injury/illness; Pre-Authorization required after 20 visits) Rehabilitation Therapy (Outpatient cardiac or pulmonary) \$30 ♦50% Chiropractic Therapy (20 visits per Year) \$30 ♦50% Acupuncture Services (20 visits per Year) \$30 ♦50% Allergy Testing ♦20% ♦50%

Teachers Health Trust	Care Plus				
January 01, 2024 - December 31, 2024	Participating	Non-Participating			
Allergy Treatment/Serum	Provider Option ♦20%	Provider Option ♦50%			
HOSPITAL/FACILITY BENEFITS		◆30 % PAY			
(Physician & Professional Services are not included in this section.)	100				
Medical/Surgical/Maternity/Intensive Care (semi-private room)	♦20%	♦50%			
Medical/Surgical/Maternity/Intensive Care (Semi-private room)	◆20%	◆50 % ◆50%			
Skilled Nursing Facility (30 days per Year) (Admission must be within 5 days of	₹20 /8	◆50 %			
discharge from Hospital Confinement)	◆20%	♦50%			
Medical/Surgical Care (Outpatient)	♦20%	◆50%			
Emergency Room (ER)	◆\$300	◆\$300			
Major Diagnostic Test, CT Scan, MRI, NMR (Outpatient)	◆\$300 ◆Covered 100%	◆50%			
Minor Diagnostic Test, X-ray, Lab (Inpatient)	◆Covered 100 % ◆20%	◆50 % ◆50%			
Minor Diagnostic Test, X-ray, Lab (Inpatient)	◆Covered 100%	◆50 % ◆50%			
Newborn					
Urgent Care Clinic	Covered 100%	◆50% ◆50%			
Eligible Preventive Services	\$30 Covered 100%	◆50% Not Covered			
REHABILITATION THERAPY BENEFIT	100	PAY			
Inpatient – physical, speech, occupational, cardiac, or pulmonary (40 days per	♦20%	♦50%			
	Nou Nou	DAV			
ACCIDENT AND LIFE THREATENING CONDITION		PAY			
Medical/Surgical – Physician/Facility/ER	Covered as any other condition				
Ambulance Land/Air (Accident & Life-threatening)	◆ 20%	Covered as a Participating Benefit to			
Orthodontic Injury Treatment	*50%	the Maximum Allowable Charge			
Dental Injury Treatment	◆ 20%				
TRANSPLANT BENEFIT		PAY			
Heart, Liver, Pancreas, Bone Marrow, Cornea, Lung, Kidney	\$1500 then Covered 100%	Not Covered			
MEDICAL SUPPLIES & EQUIPMENT		PAY			
Diabetic Testing Supplies (90 day supply)	Covered 100%	Covered 100%			
Medical Supplies	◆20%	♦50%			
Medical Supplies (office)	◆20%	♦50%			
Durable Medical Equipment/Prosthetics/Orthotic Devices	◆20%	◆50%			
Orthotic Supplies (foot inserts & arch supports)	◆20%	♦50%			
	◆ 20%	♦50%			
MENTAL HEALTH & DRUG/ALCOHOL TREATMENT		PAY			
Inpatient Services (non-residential)	◆20%	◆ 50%			
Residential Treatment (30 days per Year)	◆20%	♦50%			
Partial Hospitalization and Intensive Outpatient Services	♦20%	♦50%			
Physician Office Visits	\$30	♦50%			
Psychologist / LCSW / APRN / Psychiatrist					
ADDITIONAL BENEFITS		PAY			
Hearing Aids, including repair and replacement (per ear every three years)	Covered 100% up to \$2500 (3 years)	\$500 then Covered 100% up to \$2500 (3 years)			
Wig or hairpiece (following chemotherapy or radiation course of treatment)	♦20% up to \$1000 per condition	♦20% up to \$1000 per condition			
TMJ Syndrome diagnosis & non-surgical treatment	♦20%	♦50%			
Orthognathic/Mandibular Osteotomy	Not Covered	Not Covered			
Total Parenteral Nutrition (TPN)	♦20%	♦50%			
Initial assessment and diagnosis of Primary Infertility	♦20%	♦50%			
Reduction Mammoplasty	♦20%	♦50%			

Services designated ♦ are subject to first dollar Medical Deductible

Services designated *, premiums, balance-billed charges, charges for services this Plan doesn't cover, amounts in excess of benefit limits, and penalties for failure to obtain Preauthorization, do not accumulate toward your Out-of-pocket Maximum.

PROVIDER NETWORK	
Utah	EMI Health Care Plus
Outside of Utah	Cigna PPO

PLEASE NOTE: This is a summary only and does not guarantee benefits. All benefits are subject to the terms, limitations, and exclusions set forth in the Plan document and in the Summary Plan Description (SPD)/handbook of the Plan. Any discrepancies between this summary, the SPD/handbook, and the Plan document are resolved in favor of the Plan document. For more information, including Preauthorization, refer to the SPD/ handbook or the Plan document, or contact EMI Health Customer Service Department.



DENTAL COVERAGE

BENEFITS PROVIDED ARE SUPPLEMENTAL AND ARE NOT INTENDED TO COVER ALL DENTAL EXPENSES

OUTLINE OF COVERAGE

Read Your Policy Carefully-This outline of coverage provides a very brief description of the important features of your policy. This is not the insurance contract and only the actual policy provisions will control. The policy itself sets forth in detail the rights and obligations of both you and your insurance company. It is, therefore, important that you READ YOUR POLICY CAREFULLY!

Group:	Teachers Health Trust (Plan #	4097)	
Plan:	Choice PPO	4007	
Administered by:	Educators Health Plans Life, A	ccident & Health, a Utah Co	ompany
Effective Date:	1/1/2024		
Benefit Year:	Calendar		
Plan Type:	Contributory / Self Funded		
	In-Network	In-Network	7
	(Advantage <i>Plus</i> Network)	(Premier Network)	Out-of-Network
Type 1 - Preventive Oral Exams, Cleanings, X-rays, Fluoride	100%	100%	100% up to MAC*
Type 2 - Basic Fillings, Oral Surgery	80%	80%	80% up to MAC*
Type 3 - Major Crowns, Bridges, Prosthodontics	60%	60%	50% up to MAC*
Type 4 - Orthodontics Dependent children ages 7 through 18	50%	50%	50%
Adults	Discount Only	Discount Only	No Coverage
Endodontics	Type 2 - Basic	Type 2 - Basic	Type 2 - Basic
Periodontics	Type 2 - Basic	Type 2 - Basic	Type 2 - Basic
Sealants	Type 2 - Basic	Type 2 - Basic	Type 2 - Basic
Space Maintainers	Type 2 - Basic	Type 2 - Basic	Type 2 - Basic
Waiting periods			
Type 2 - Basic		None	
Type 3 - Major		None	
Type 4 - Orthodontics		None	
Deductible			
Per Person	\$0.00	\$0.00	\$0.00
Family Max	\$0.00	\$0.00	\$0.00
Deductible Applies To	N/A	N / A	N / A
Annual Maximum Per Person	\$2,000.00	\$1,50	
		imums are combined up to limits ab	
Orthodontic Lifetime Maximum		\$1,000.00	
		. ,	
Network / Reimbursement Schedule	Advantage Plus	Premier	Premier
Provisions / Limitations / Exclusions			
Exams (including Periodontal), Cleanings a	and Fluoride		2 per year
Fluoride			Up to age 16
Sealants			Up to age 16
Space Maintainers			Up to age 16
Bitewing X-Rays			Up to 4, twice per year
Periapical X-Rays			6 per year
Panoramic X-Ray			1 every 3 years
Impacted Teeth	· · · · · · · · · · · · · · · · · · ·		Covered in Type 2 - Basic
Anesthesia - (Age 8 and over for the extrac			Covered in Type 3 - Major**
Anesthesia - (For children age 7 and under	, once per year)		Covered in Type 3 - Major**
Implants / Implant Abutments	N 4		Covered in Type 3 - Major
Crowns, Pontics, Abutments, Onlays and E	ventures		1 every 5 years per tooth
Fillings on the same surface		- income the second state for all formation of the	1 every 18 months
All Services are subject to EIVII Health Maximum Allowa	ble Charge (MAC). When using a Non-participating Provider, th	e insured is responsible for all fees in excess of t	ne waximum Allowable Charge (MAC).



Group: Plan: Effective Date: Plan Type:

Teachers Health Trust (Plan #4087) VSP Plus 10-130 1/1/2024 Contributory

	In-Network	Out-of-Network						
Network	VSP Choice Plus							
WellVision Exam	\$10 Co-pay	Up to \$65						
Lenses (Glass or Plastic)								
Single Vision	\$10 Co-pay	Up to \$30						
Lined Bifocal	\$10 Co-pay	Up to \$50						
Lined Trifocal	\$10 Co-pay	Up to \$65						
Lenticular	\$10 Co-pay	Up to \$100						
Lens Options								
Progressive (Standard no-line)	\$0 Co-pay	Up to \$50 (In lieu of Lined Bifocal						
Premium Progressive Options	\$95-\$105 Co-pay	reimbursement)						
Custom Progressive Options	\$150-\$175 Co-pay	Teinbursement)						
Plastic Gradient Dye	\$17 Co-pay							
Solid Plastic Dye	\$15 Co-pay							
Photochromic Lenses	\$75 Co-pay	N/A						
Polycarbonate for Adults	\$31 Co-pay SV/\$35 Co-Pay Multifocal							
Polycarbonate for Children (under 18)	\$0 Co-pay							
Coatings								
Scratch Resistant Coating	\$17 Co-pay							
Anti-Reflective Coating	\$41 Co-pay	N/A						
UV Protection	\$16 Co-pay	N/A						
Additional lens enhancements	Up to 25% Discount							
Frames								
Allowance Based on Retail Pricing	\$130 Allowance at any VSP doctor or \$70 at Costco. Sam's Club or Walmart	Up to \$80						
Additional Pairs of Glasses**	Up to 20% Off Retail	N/A						
		N/A						
Elective Contact Lenses In Lieu of Frame & Lenses								
Elective contact lens fitting, evaluation services and prescription contact lenses are covered up to plan allowance. 15% discount given off contact lens fitting and evaluation services, excluding materials.	\$130 Allowance	Up to \$115						
Frequency								
Exam, Lenses, Frame or Contacts	Every 12 N	Months						
Refractive Surgery								
LASIK***	Up to \$500 in Savings	Not Covered						
Notes								

Notes

This is a summary of plan benefits. The actual Policy will detail all plan limitations and exclusions.

** 20% discount off unlimited additional pairs of glasses offered through any VSP Choice Providers within 12 months of last covered eye exam. *** Discounts average 15-20% off or 5% off a promotional offer for laser surgery, including PRK, LASIK, Custom LASIK, and IntraLase3

Underwritten by: Educators Health Plans Life, Accident & Health, a Utah Company

EHPL.V.VSP.SCH.D

EMITHEALTH

TeleMedicine

Reach a doctor 24/7/365.

70% of doctor visits can be handled over the phone, and 40% of urgent care visits can be managed using TeleMedicine. Save time and money while still getting the treatment you need through EMI Health TeleMed offered through Recuro.

When to Use TeleMed

Recuro doctors diagnose acute, non-emergent medical conditions and prescribe medications when clinically appropriate.

Speak with a doctor anytime and pay no consultation fee rather than paying the high costs associated with office visits, urgent care visits, and emergency room visits.

Just call 855.6RECURO.

Video consultations are available as well from 7 AM - 7 PM.

Common Conditions

- Acid Reflux
- Allergies
- Asthma
- Bladder Infection
- Bronchitis
- Cold & Flu

Cough

Constipation

- Ear Pain*
- Fever
- Gout
- Headache
 - Hemorrhoids
- High Blood Pressure
- Joint Pain
- Nausea

- Pink Eye
- Rashes
- Sinus Conditions
- Sore Throat
- Stomach Virus
- Thyroid Conditions
- Urinary Tract Infections
- Yeast Infections

*In accordance with telemedicine guidelines, ear infections are only diagnosed for patients that are 18 years of age or older.

Common Medications

- Albuterol
- Allegra
- Asthma

- Flonase
- Ibuprofen 800 mg
- Levaquin

- Lipitor
- Nasonex
- Many Others





Google play

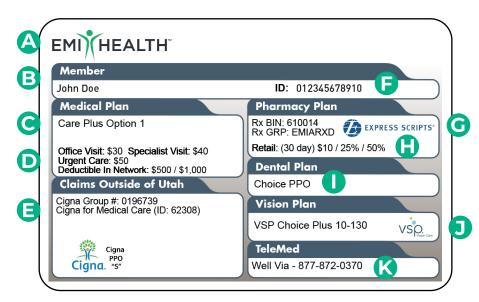
Download the Recuro mobile app

• Urin

Your ID Card (front)

It is important that you present your ID card each time you receive services.

Your EMI Health ID card contains a lot of useful information for you and your provider.



EMI Health is your insurance carrier.

- B The employee's name is listed on the ID card. Covered dependents are not listed.
- This is the name of your medical plan and also indicates your participating provider network. To verify a provider's status, visit emihealth.com or call 800-662-5851.

D These are your basic copay, coinsurance, and deductible amounts when you visit a participating provider. For more detailed benefits information, see your Summary of Benefits and member handbook.

This is your medical participating provider network when traveling outside of Utah. To verify a provider's status, visit emihealth.com or call 800-662-5851.

- Your unique member number is required in order to verify coverage, determine benefits, and pay claims for you and your dependents.
- Express Scripts is your Pharmacy Benefits Manager.
- These are your basic pharmacy copays and coinsurance amounts.

If you have dental coverage with EMI Health, the name of your dental plan will appear here. This also indicates your dental participating provider network. To verify a provider's status, visit emihealth.com or call 800-662-5851. If this section is not on your card, you do not have dental coverage through EMI Health. If you have vision coverage with EMI Health, the name of your vision plan will appear here. This also indicates your vision participating provider network. To verify a provider's status, visit emihealth.com or call 800-662-5851.

If this section is not on your card, you do not have vision coverage through EMI Health.

This is the phone number to call for a Telemed consultation with a WellVia physician. EMI Telemed can eliminate the need for office visits for many common conditions.

K

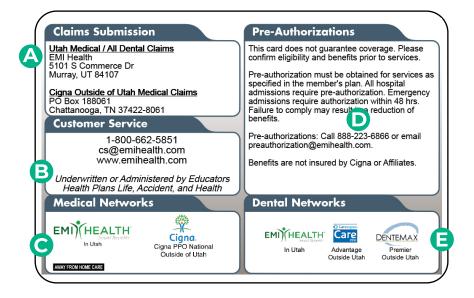
If this section is not on your card, you do not have TeleMed services through EMI Health.

Card Front



Your ID Card (back)

Card Back



A

This is the claims submission address for Utah medical claims and all dental claims. In most cases, your provider will submit claims directly to EMI Health.



This is the telephone number to call for customer service inquiries.

C These are your participating provider medical networks for Utah and nationally. To verify a provider's status, visit emihealth.com or call 800-662-5851.



B

These are your participating provider dental networks outside of Utah. To verify a provider's status, visit emihealth.com or call 800-662-5851.

If this section is not on your card, you do not have dental coverage through EMI Health.



My EMI Health Account

Welcome to your member dashboard! In less than 30 seconds, you can see everything you need to know.

Let's take a tour of your dashboard

Note: not all of these blocks may appear on your dashboard. This guide covers all that may possibly show up, but they may not apply to the EMI Health plans you are enrolled in.

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		* All dollar amounts above are rounded						

View your member ID card

View, download, or print your EMI Health ID card by clicking on "View Your Member ID Card" button.

See your plan documents

Here are the plans you are currently enrolled in through EMI Health. From here, you can view your plan documents (your coverage grids and/or fee schedules if applicable) and access your pharmacy tools.

3 View and sort your recent claims

Use the toggles to filter and sort your claims by type, covered member, network, and date range. View your **Explanation of Benefits (EOBs)** documents by clicking on "View EOB" to the right of each claim. *Note: These documents are not mailed, so it's important to check your dashboard regularly for any new EOBs that come into your account.*

At-a-glance accumulators

In this block, you are able to see your progress towards applicable plan accumulators for medical and dental plans. Use the drop down options at the top to switch between covered members on your plan, time period, and accumulator type.

Bonus tools included with your account

Below your account tools, you can scroll through some additional tools included with your plan to help you save money and get the most out of your EMI Health benefits. (What you will see in your dashboard depends on the plans you are currently enrolled in with EMI Health.)



\$0 Copay TeleMed

You can speak to a board-certified physician for FREE anytime, anywhere. You can save money and time by avoiding the doctor's office, urgent care, and emergency room visits for acute, non-emergency illnesses or injuries.



Be Well - Wellness Platform powered by WebMD

Be Well puts you in the driver's seat when it comes to your health and wellness goals. Your platform is customized to your health profile and your interests, so the resources, challenges, and recommendations you can access in this platform are tailored to you.



Smart Cost Calculator

You can easily see the estimated cost of procedures, services, and prescriptions before you go, empowering you to make the smartest decisions for your health care.

Setup your My EMI Health Account

If you haven't set up your My EMI Health account yet, here are the instructions:

- Go to emihealth.com.
- Click Login and select My EMI Health.
- Select **Register** and choose **Member** as the type of account.
- Enter the data to identify yourself and click **Continue.**

* You will need your Member ID found on your EMI Health ID card. Also, for your security, your password must be at least six characters and include a special character, e.g., !, @, #, \$, etc.

**Please note that you will only make an EMI Health account for your family through the plan subscriber. Dependents and spouses will not have their own account.



Finding a Provider

Using in-network providers and facilities gets you the most coverage for healthcare services and saves you money.

Cigna PPO Network Provider Search

As a member of EMI Health, you have access to the nationwide Cigna PPO network of doctors, hospitals, and other facilities. You have access to in-network providers everywhere you go in the United States, helping you save money and protecting you from getting balance billed.

To find an in-network provider, follow these simple steps.

Go to emihealth.com

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Click on Find a Provider along the upper part of the home page.

Enter your plan name and state

Choose **medical** as the type of provider, choose **Care Plus** as your plan name, and select your state from the drop-down list.

Click on the Cigna PPO logo

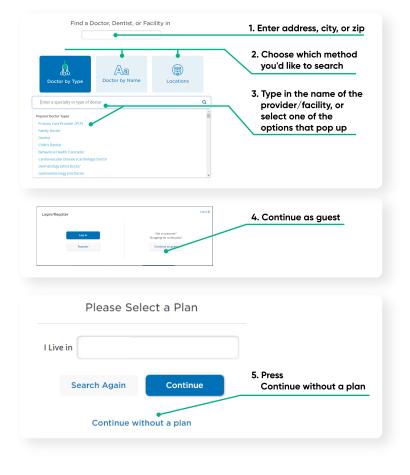
When you see the pop-up, click on the Cigna PPO logo to be redirected to their provider search tool.

Follow the prompts

Use the steps in the screenshots to the right to view accurate results.

View and filter your results

You'll see your provider search results and you'll be able to see where the providers/facilities are located, specialties, and other useful information to help you make your healthcare decisions.



Looking for dental and vision providers?

Go to emihealth.com

It's easy to find in-network dental and vision providers near you using the EMI Health Provider Search tool.

Select the type of provider Select dental or vision.	
Enter your plan name (found on you These are the plan options you will see.	our ID card)
Dented	Vision
Dental	VISION
Premier (Choice)	Opticare
Premier (Choice)	Opticare
Premier (Choice) Advantage/Advantage Plus (Choice)	Opticare VSP Choice

Click on **Find a Provider** along the upper part of the home page.

*If you have the Summit or Summit Plus dental plans, you will be redirected to Cigna's dental provider search.



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Enter your location information and click "Search"

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You can also select **"Use My Location."** This feature will automatically populate the state and zip code where you are searching.

Filter and sort your results

Now you can filter your results for locations, specialties, facilities, languages, and more. Click **"Search"** each time you adjust a filter to refresh the results list.

That's all there is to it!

5

You will see a list of participating providers along with contact information, address, and the ability to map the location of their offices. You can also download the results as a PDF to keep or take with you.

	Account	Sign Out
÷	EOBs View explanation of benefits	>
Ē	Member ID Card View Member ID Card	>
Ľ	Plan Documents View current plan documents	>
•	Express Scripts Go to Express Scripts	>
•	Smart Cost Calculator Go to Change Healthcare	>
•	EMI TeleMed Go to EMI TeleMed by WellVia	>
	Profile Information	>

Search on the go

In addition to being another convenient way to search for providers and facilities, the EMI Health mobile app allows you to do even more.

Access your ID Card

View and download your plan grids so you always know the benefits you have.

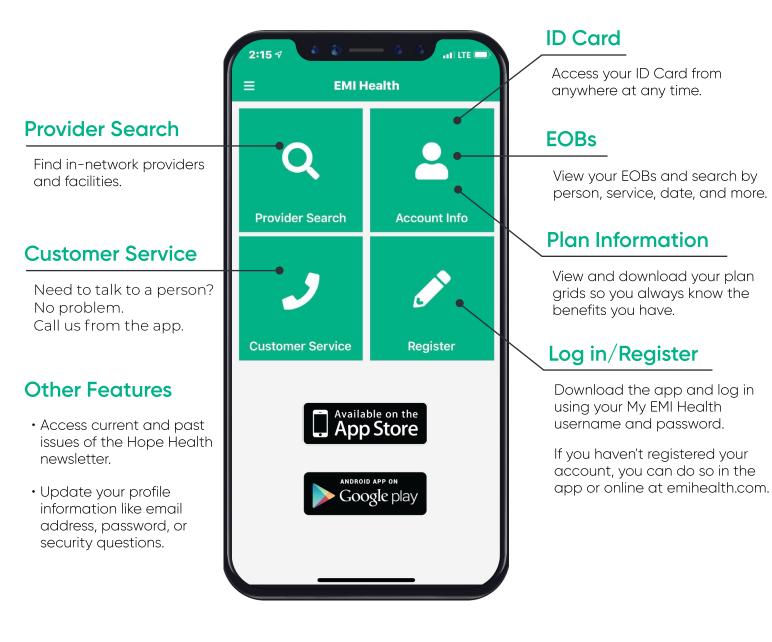
View your EOBs and search by person, service, date, and more.

Update your profile information like email address, password, or security questions.



The EMI Health Mobile App

Your benefits. Anytime. Anywhere.



Scan this QR code with your phone to download.



Reading Your EOB



EMITHEALTH

EMI Health 5101 South Commerce Drive Murray UT 84107

Forwarding Service Requested

լիկեսինումը, լիզինինինինինը կելենինինը հետոների

How To Read Explanation of Benefits

RETAIN FOR TAX PURPOSES THIS IS NOT A BILL



This is an explanation of how your claim was processed by EMI Health. If you have questions about payments, contact your provider.

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Patient:	JOE SAMPLE		Provider	ABC Hosp	ital					
Claim #:	215-000111111-00		Subscriber	JOE SAM	PLE			Subscriber a	#: 123456	789
2 Service Dates	Obscription of Service	4 Billed	5 Allowed	Provider Discount		Reason 8 Code		Coinsurance	Co-pay	Payment (12)
04/03-04/03/2018	Minor diagnostic testing (outpatient)	\$677.79	\$474.45	\$203.34	\$0.00	05	\$474.45	\$0.00	\$0.00	\$0.00
	Column Totals	\$677.79	\$474.45	\$203.34	\$0.00		\$474.45	\$0.00	\$0.00	\$0.00
						(13) Oth	er Insurance	Credits or Adj	ustments	\$142.56
						-	(4)	Total Paymen	t Amount	\$0.00
							(I)	Member Resp	onsibility	\$474.45

This is an explanation of how your claim was processed by EMI Health. If you have questions about payments, contact your provider.

Patient:	JOE SAMPLE		Provider	ABC Hosp	ital					
Claim #:	215-000222222-00		Subscriber	JOE SAM	PLE			Subscriber #	#: 12345 6	789
2 Service Dates	Obscription of Service	4 Billed	5 Allowed	Provider Discount	O Not Covered	Reason 8 Code		Coinsurance	Co-pay	Payment
04/07-04/07/2018	Major diagnostic testing (outpatient)	\$907.50	\$385.84	\$521.66	\$0.00	05 49	\$25.55	\$0.00	\$100.00	\$0.00
	Column Totals	\$907.50	\$385.84	\$521.66	\$0.00		\$25.55	\$0.00	\$100.00	\$0.00
						(13) Oth	er Insurance	Credits or Adj	ustments	\$69.18
						-	(4)	Total Paymen	t Amount	\$0.00
							15	Member Resp	onsibility	\$125.55

Plan rear Accruais (6)		
Description	Claim Year	Amount Met
JOE SAMPLE Medical Individual Network Deductible - Participating	2018	\$500.00
JOE SAMPLE Medical Individual Network Out-of-Pocket - Participating	2018	\$100.00
Medical Family Network Deductible - Participating	2018	\$500.00

The Amounts listed above are subject to change due to claim adjustments and/or the order in which claims are received.

Explanation of Codes 🛛 🕧

Dian Voor Acorual

- 05 Negotiated discount has been applied.
- 49 Service copayment applied.

Reading Your EOB

Benefits Determination 18

Read this carefully - this is your notice of payment or nonpayment of claims.

In accordance with the provisions of your plan, you may appeal for reconsideration of any denied portion of this claim by writing to the Administration Office (address above). You should state the reason you believe your claim should be paid, attaching any documentation to support your appeal. The Administrator will consider and respond to your appeal within the time required by your plan. You should review your Plan Summary for specific directions on how and when an appeal must be filed.

Any request for a review of this claim must be received by EMI Health within 180 days of the date of this Explanation of Benefits. You are entitled to receive, upon request and free of charge, reasonable access to all documents, records, and other information relevant to this claim. If agreement is not reached after exhaustion of the claims review process outlined in your member handbook, you may have the right to submit the matter to voluntary binding arbitration or independent review or to pursue civil action. If you are covered by more than one health plan, you should file all your claims with each plan.

EMI Health now offers a full selection of Medigap & Medicare Prescription Drug Plans. Call us or visit www.emihealth.com and click on the Medicare Products tab for more information.

Claim Summary	(1)								
Claim #	Patient	Billed	Allowed	Provider		Deductible	Coinsurance	Copay	Payment
				Discount	Covered				
215-000111111-00	JOE SAMPLE	\$677.79	\$677.79	\$203.34	\$0.00	\$474.45	\$0.00	\$0.00	\$0.00
215-000222222-00	JOE SAMPLE	\$907.50	\$907.50	\$521.66	\$0.00	\$25.55	\$0.00	\$100.00	\$0.00
	Totals:	\$1,585.29	\$1,585,29	\$725.00	\$0,00	\$500.00	\$0.00	\$100.00	\$0.00

How To Read EOB

1. Customer Service: If you have questions, please call us at the toll free number listed at the top of your Explanation of Benefits. Our friendly and knowledgeable representatives are here to assist you.

2. Service Dates: Represents the date(s) the patient received services..

3. Description of Service; Lists the procedure performed.

4. Billed: This is the billed amount before any negotiated adjustments, co-pays, deductibles or any ineligible amount.

5. Allowed: The amount allowed by the provider contact.

6. Provider Discount: The amount discounted.

7. Not Covered: Any specific amount that was determined to be ineligible for payment by the plan.

8. Reason Code: This code is used to explain the reason for an adjustment or benefit limitation.

9. Deductible; This amount reflects the deductible requirement at the time charges were processed,

10. Coinsurance: Percentage of allowed amount for which the patient is responsible.

11. Co-Pay: Represents amounts responsible to the patient.

12. Payment: Total amount less any adjustments.

13. Other Insurance Credit or Adjustments: The amount paid by another health plan or insurance company toward services the member received.

14. Total Payment Amount: Total amount less any adjustments.

15. Member Responsibility: This is the total amount that you owe the provider. This includes any co-payments, deductibles, co-insurance and/or excluded charges.

16. Plan Year Accruals: The amount of money you have paid to date for health care services

17. Explanation of Codes: This code is used to explain the reason something is not covered or is discounted from the billed amount.

18. Benefits Determination: This will be the procedure and information needed to file a formal review for any denied claim.

19. Claim Summary: Provides a summary of claims processed during an extended timeframe.



Be Well

A wellness program specifically tailored for every individual's unique goals

EMI Health has teamed up with WebMD Health Services to create a comprehensive well-being tool that puts you in the driver's seat when it comes to your health and wellness goals.

Each view into the BE WELL platform is unique. The customized dashboard is based on your individual priorities, health risks, and biometric testing data. As a result, it's completely tailored to your needs and continues to evolve over time as your priorities and health conditions change. The BE WELL tools can help you focus on areas such as weight loss, stress management, nutrition, improving your sleep habits, and tobacco cessation.

Eligible EMI Health subscribers* who currently have a medical plan can access BE WELL through the member portal at <u>emihealth.com</u>. *A subscriber is the main account holder whose name appears on the EMI Health ID card. Dependents are not eligible to participate at this time.

A look at the BE WELL digital platform

Track Personal Health

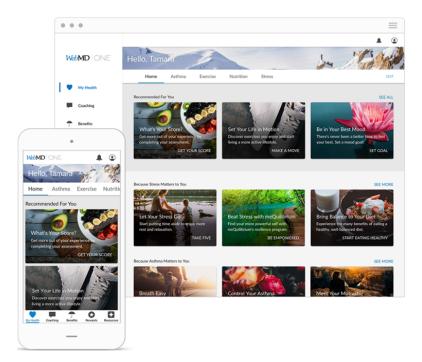
Receive a report on your current health, along with recommended steps to improve it. Whether you want to spend more time focusing on general well-being or a specific health condition, you will have the ability to choose your own priorities, and your personalized dashboard will reflect those interests.

Manage Specific Health Conditions

If you happen to have a specific health condition or concern, BE WELL can provide a recommended plan to help manage that condition as well as educational materials to help you better understand it. BE WELL can help manage diabetes, high blood pressure, hypertension, COPD, and many others.

Reevaluate Your Priorites at Anytime

As you track your personal progress you can make adjustments to the program. At any time along your journey you can switch gears and let BE WELL know you're interested in a new area of focus. If you feel like you have conquered one major milestone, then keep going and strive to reach another. With BE WELL, you can achieve what matters most to you.



Set Goals and Work on Daily Habits

The Daily Habits tool uses the power of behavioral science to help you achieve your personal well-being goals and implement lifestyle changes. You can choose from a number of categories to help with things like diet and nutrition, stress management, depression, and even staying connected in your social life. Resources like workout routines, recipes, and food journals can help encourage you to stay motivated, track your progress and achieve real results.

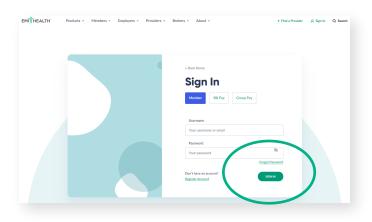
Logging In to BeWell



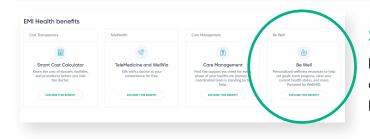
EMITHEALTH

Step 1: EMI Health subscribers* who have a current medical plan can access **BeWell** through the member portal at <u>emihealth.com</u>. Click on **"Sign In"** under **"My EMI Health"** in the drop down menu.

*A subscriber is the main account holder whose name appears on the EMI Health ID card. At this time Dependents are not eligible to participate.



Step 2: Type in your **username** and **password**, click the green "**Sign In**" button. If you have not yet registered, click on the green "**Register Account**" button to get started.

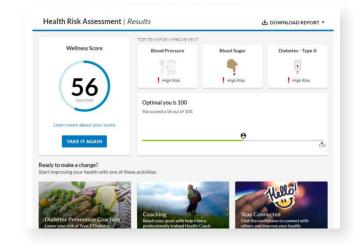


Step 3: After logging into the EMI Health member portal, scroll down to the bottom of the page. Click on the **BeWell "Explore this Benefit"** button at the bottom right of the menu.

Step 4: Begin the registration process. Confirm if you have an existing health record with WebMD and/or fill in your details. Click continue to complete your Health Risk Assessment.

11 HEA	LTH'
Welcome	to Registration
Registering for t	he Be Well website gives you these benefits:
 Ensures ti 	ersonalized information and powerful tools to help you make more informed choices about your health e confidentiality of your personal health information access to your Health Record from WebMID.com
To start, we nee	t to know if you already have an existing Personal Health Record at WebMD.com.
Do you have an	existing Personal Health Record at WebMD.com? Yes
Click Continue	to complete the registration process.
	ut accessing your Personal Health Record at WebMD.com 18 bMD.com Personal Health Record username or password?
	CONTINUE
	Peticles Contact Us Language English
20 WebMD Health Ser MD does not provide in additional information.	vlens Group, Inc. Al rights reserved. edical advice, diagnosis or treatment.

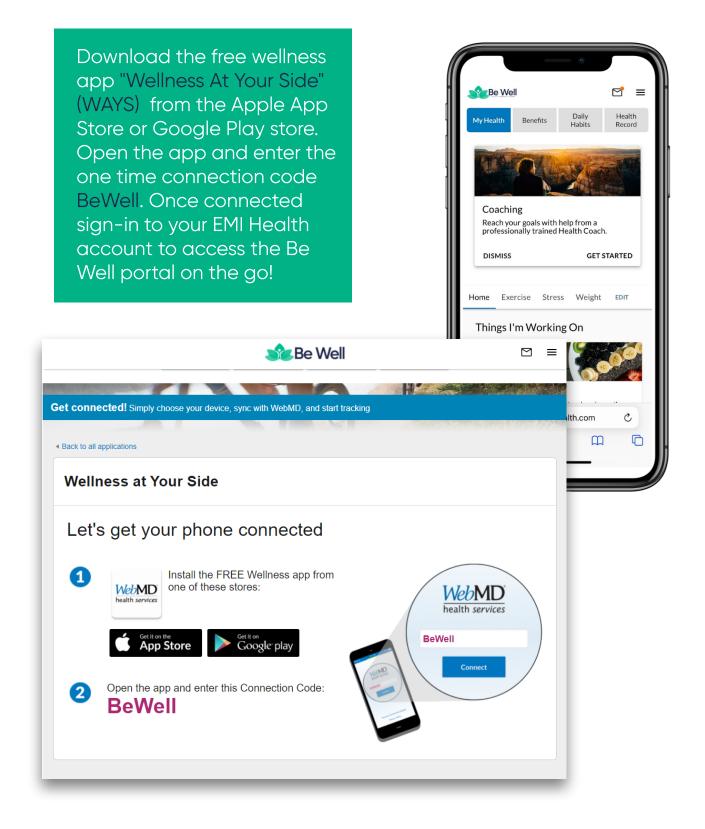
Step 5: Afte completing the Health Risk Assessment, you can immediately view your results including your Wellness Score, Risk Factors, and Recommended Resources tailored to your individual needs.





BeWell on the GO

At work, at home and everywhere in between. With Wellness At Your Side, the WebMD app, you can access Be Well no matter where you are.



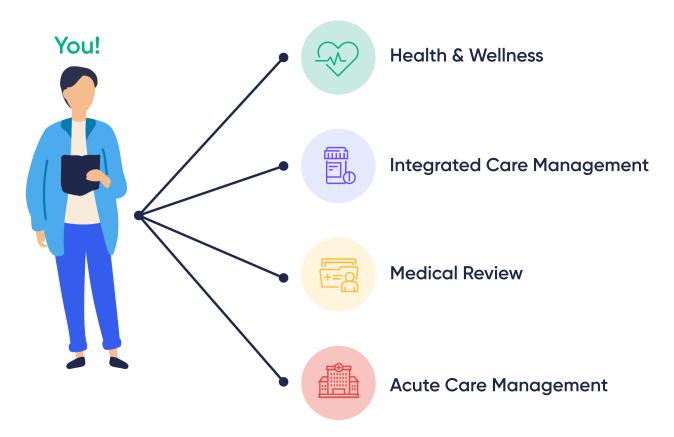
Integrated Care Management



Get one-on-one support from a team of pros.

What does this mean?

While partnering with American Health Holding, EMI Health strives to provide our members with the best possible care and support. With this unified system of care, healthcare professionals **work as a team** to give you a personalized, one-on-one experience. Simplifying your healthcare experience not only maintains consistency in the care you receive, but also decreases your overall healthcare costs.



Contact your Integrated Care Management team if you:

- have been newly diagnosed with a health condition
- are managing a health condition
- are being discharged from the hospital
- have questions about healthcare decisions
- are wanting to make changes to your lifestyle
- need access to different resources

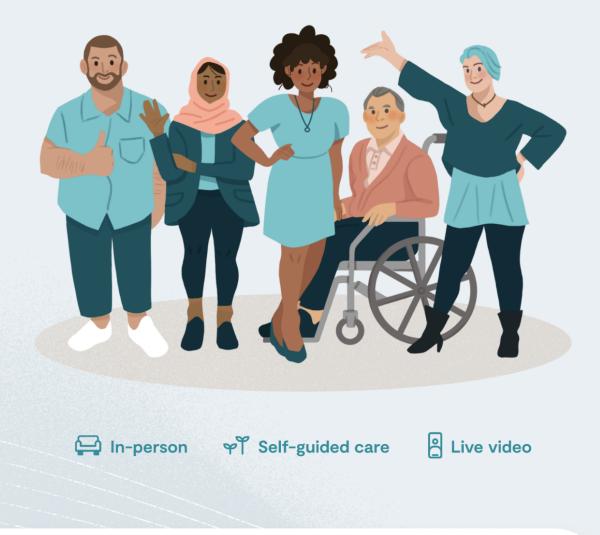
Learn more by calling 1-800-641-3224 Case Management or 1-800-451-6123 Disease Management

lyra



Mental Health Made Easy

Fast and easy access to high quality mental health care through Lyra



Learn more at emihealth.lyrahealth.com | (877) 299-4765

EMI plan members have access to Lyra's network of diverse providers for coaching and therapy support. These sessions are billed through the EMI plan and subject to in-network outpatient mental health cost-sharing, as defined under your health plan.





Smart Cost Calculator

Know your costs before you go

Features:

EMI Health's Smart Cost Calculator allows you to compare different procedures, providers, and hospitals to see estimated costs based on your search criteria.



Procedure Costs

See data from local hospitals and providers near you or search in a specified area. See how much specific procedures typically cost and your out of pocket expenses.



Provider Reviews

Search for providers and see the reviews their patients left. This tool helps ensure you are visiting a provider that will meet your needs.



Facility Locations and Costs

Get hospital and clinic directions, patient reviews, and overall hospital ratings so you visit the proper facility that will take care of your complete healthcare situation.

How to use it:

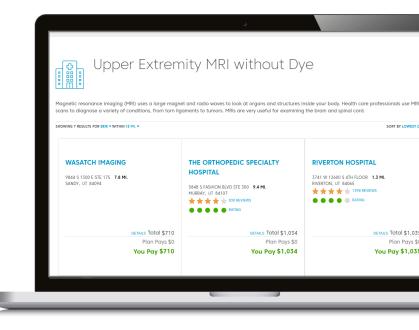
- 1. Log in to your My EMI Health account.
- 2. Click the Smart Cost Calculator button in the EMI Health benefits section.

3. Search for services

Enter the doctor, hospital, or procedure you're looking for.

4. Compare costs

Select the doctor, hospital, or procedure to see reviews, compare costs, and get more details on what you need.



EMITHEALTH

Preventive Care

Detect potential problems early.

The Affordable Care Act (ACA) provides for certain preventive services to be covered 100 percent when received by participating providers.

Preventive services are those provided when no symptoms or diagnosed medical conditions exist. For services to be covered as preventive, your doctor must bill claims with preventive codes. If a preventive service identifies a condition that needs further testing or treatment, regular copayments, coinsurance, or deductibles may apply.

Here are some some preventive services covered with no patient cost:

Routine physical exam Routine vision exam

Routine hearing exam

Routine gynecological exam Routine Pap smear

Screening mammogram

- Screening colonoscopy or Cologuard
- FDA-approved contraception

Immunizations recommended by the Advisory Committee on Immunizations Practices of the Center for Disease Controls and Prevention (CDC) are covered 100 percent if received from a participating provider. As of June 2021, those recommendations are as follows:

Children

						01	marc	• •						
VACCINE	Birth	1 Mo	2 Mo	4 Mo	6 Mo	12 Mo	15 Mo	18 Mo	19-23 Mo	2-3 Yrs	4-6 Yrs	7-10 Yrs	11-12 Yrs	13-18 Yrs
Hepatitis B	НерВ	He	ерВ			He	ерΒ						HepB Catch	n Up
Rotavirus			RV	RV	RV									
Diphtheria, Tetanus, Pertussis			DTaP	DTaP	DTaP		DT	āP			DTaP	DTaP Catch Up	DTaP	DTaP Catch Up
Haemophilus Influenzae Type b			Hib	Hib	Hib	Н	ib							
Inactivated Poliovirus			IPV	IPV			Þγ				IPV	P	oliovirus Cat	ch Up
Measles, Mumps, Rubella						IM	МR				MMR		MMR Catch	n Up
Varicella						Vario	cella				Varicella		Varicella	Catch Up
Pneumococcal			PCV	PCV	PCV	PC	CV							
Influenza									h	nfluenza	(Yearly)			
Hepatitis A							НерА	(2 Dose	es)			НерА Сс	itch Up	
Meningococcal													MenACWY	MenACWY
Human Papillomavirus													HPV	HPV Catch Up

Adults

VACCINE	19-26 Yrs	27-49 Yrs	50-59 Yrs	60-64 Yrs	≥ 65 Yrs	
Diphtheria, Tetanus, Pertussis (Td/Tdap	One dose of Tdap; then boost with Td every 10 years					
Influenza		One dose annually				
Pneumococcal			1 or 2 doses		1 dose	
Zoster (Shingles)			2 doses after age 50			
IF NOT RECEIVED AS A CHILD						
Measles Mumps, Rubella	MM		R			
Human Papillomavirus	HPV					
Varicella		1	Varice	ella		

Major Diagnostic Testing

Preauthorization Guidelines

Benefit preauthorization to confirm medical necessity is required for **ALL in-patient** confinements and surgeries as part of our commitment to help ensure all EMI Health members get the appropriate care, at the appropriate time, and in the appropriate setting.

In addition, **some major out-patient diagnostic testing** like MRIs, CT scans, PET scans and certain outpaitent surgical procedures may also require preauthorization. Please have your provider's office contact EMI Health's customer service for preauthorization codes prior to any services being rendered.

EMI Health continually monitors procedures requiring preauthorization and makes adjustments as necessary.

Recent updates

For the new plan year (plans renewing on or after 07/01/2020), major diagnostic tests will require preauthorization.

Important member details

As a reminder, if the member uses a participating provider, the provider (not the member) is responsible for preauthorization.

If the member uses a non-participating provider for treatments or procedures requiring preauthorization, the member is responsible for obtaining preauthorization, and benefits may be denied or reduced if preauthorization is not obtained.

Refer to the plan document for more information regarding preauthorization.

A heartfelt thank you

We appreciate the opportunity of providing your healthcare coverage.

If you have any questions about this notice, please do not hesitate to call or email us.

Phone: 800.662.5851

Email: cs@emihealth.com

Please note: First Health, Blue Cross Blue Shield of AZ, and Cigna all have different preauthorization requirements.





Diabetes Management

Your medical plan covers diabetic equipment and supplies under the major medical benefit and/or Prescription Drug (Pharmacy) Benefit. Contact customer service for the specifics of your plan. Here are some common coverages.

Diabetic Testing Supplies

Diabetic testing supplies, such as blood sugar (glucose) test strips, and lancets, may be covered through your Major Medical or Prescription Drug Benefit:

Major Medical Benefits

Coverage falls under the Medical Supplies & Equipment benefit. Refer to the Diabetic Testing Supplies line item of your Schedule of Benefits for your member cost share.

The following suppliers are participating providers on EMI Health plans. If you obtain supplies through any other medical provider or facility, benefits are subject to your Non-Participating Provider benefit option, if any.

- Byram Healthcare 800-775-4372
- Edgepark / Cardinal 877-215-2568
- JQ Medical Supply 801-942-8582

Prescription Drug (Pharmacy) Benefit

Refer to the Prescription Drug section of your Schedule of Benefits for your member cost share.

The 2020 formulary includes OneTouch and Freestyle. All other brands are excluded from coverage.



Continuous Glucose Monitoring Systems (CGMS) and Sensors

CGMS and sensors may be covered through your Major Medical or Prescription Drug Benefit, subject to preauthorization criteria and plan review. Refer to the Durable Medical Equipment and Prescription Drug sections of your Schedule of Benefits for your member cost share.



Insulin Pump and Insulin Pump Supplies

Insulin pumps are covered through your Major Medical Benefit, subject to preauthorization criteria and plan review. Refer to the Durable Medical Equipment section of your Schedule of Benefits for your member cost share.

Insulin pump supplies (cartridges and infusion sets) may be covered through your Major Medical or Prescription Drug Benefit. Refer to the Durable Medical Equipment and Prescription Drug sections of your Schedule of Benefits for your member cost share.

Insulin

Insulin is covered under the Prescription Drug Benefit. You may receive up to a 30-day supply per retail copayment or up to a 90-day supply per mail-order copayment. Refer to the Prescription Drug section of your Schedule of Benefits for member cost share.

Preferred insulin copayments will be capped at \$25 per 30-day supply and \$75 per 90-day supply through the Cigna/Express Scripts Patient Assurance Program.

Preferred insulins are Humalog, Humulin, and Lantus.

Prescription Drugs

Prescription drugs are covered under the Prescription Drug Benefit. This includes Glucagon, GLPI agents (e.g., Byetta, Bydureon, and Tradjenta), and oral agents for Type 2 diabetes (e.g., Glucophage, Avandia, and Amaryl). Refer to the Prescription Drug section of your Schedule of Benefits for member cost share.

Blood sugar testing monitors, glucose control solutions, and weight loss medications are NOT covered under the Major Medical or Prescription Drug Benefits.

Questions? As always, we are here to help. Call customer service at 800-662-5851





90-Day Maintenance Medications

Get a 90-day supply of maintenance medications at any participating pharmacy or have them delivered directly to your home!

How Does the 90-Day Retail Fill Work?

- 1. Ask your doctor for a prescription for a 90-day supply (plus refills, as applicable).
- 2. Take your prescription to any participating pharmacy.
- 3. You will pay three times the 30-day retail copayment for your plan. The exact amount you pay will depend on whether your medication is generic, preferred, or non-preferred brand. Please refer to your Summary of Benefits for the details of your plan.

How Does Mail Order Work?

- 1. Ask your doctor for a prescription for a 90-day supply (plus refills, as applicable).
- 2. If you need to start taking the medication right away, ask for another prescription for up to a 30-day supply to be filled at a retail pharmacy.
- 3. Send the 90-day prescription, along with the completed mail-order form (which can be downloaded from www.emihealth.com) and the appropriate copayment, to Express Scripts at the address on the form. (You may also ask your doctor to fax your order to Express Scripts.)
- 4. You will pay the Mail-order Copayment amount indicated on your Summary of Benefits. The exact amount will depend on whether your medication is generic, preferred, or non-preferred brand.
- 5. Express Scripts will process the order and return it via U.S. Mail or UPS, along with instructions for future refills. Allow up to 14 days for delivery from the time you mail the prescription.

Questions?

As always, we are here to help. Call customer service at 1-800-662-5851.





2022 Express Scripts National Preferred Formulary

BAXDELA

KEY

[INJ] - Injectable Drug Brand-name drugs are listed in CAPITAL letters. Generic drugs are listed in lower case letters.

A

ABILIFY MAINTENA [INJ] acetaminophen/codeine ACTEMRA [INJ] acyclovir ADFMPAS ADVAIR HFA ADVATE [INJ] ADYNOVATE [INJ] AFSTYLA [INJ] AIMOVIG [INJ] AJOVY [INJ] albuterol nebulization solution bupropion albuterol sulfate hfa (by Cipla, Lupin, Par, Perrigo, Proficient Rx, Sandoz & Teva) ALECENSA alendronate allopurinol alprazolam ALUNBRIG amiodarone amitriptyline amlodipine amlodipine/benazepril amlodipine/valsartan amoxicillin amoxicillin/potassium clavulanate anastrozole ANDRODERM ANORO ELLIPTA ARALAST NP [INJ] ARIKAYCE aripiprazole ARISTADA [INJ] ARNUITY ELLIPTA ASMANEX HFA ASMANEX TWISTHALER atenolol atenolol/chlorthalidone atomoxetine atorvastatin AUBAGIO **AUSTEDO** AVONEX [INJ] AZASITE azelastine nasal spray azithromycin

B

baclofen BAFIERTAM BAQSIMI BARACLUDE SOLUTION

BD AUTOSHIELD DUO NEEDLES BD ULTRAFINE **INSULIN SYRINGES BD ULTRAFINE PEN NEEDLES** BELBUCA benazepril benzonatate BETASERON [INJ] BEVESPI AEROSPHERE BIKTARVY bisoprolol/hctz **BOSULIF BREO ELLIPTA BREZTRI AEROSPHERE** BRILINTA budesonide nebulization suspension buprenorphine/naloxone bupropion ext-release buspirone butalbital/acetaminophen/ caffeine BYDUREON [INJ]

C

BYETTA [INJ]

CABOMETYX CALQUENCE carbidopa/levodopa carvedilol cefdinir cefuroxime axetil celecoxib cephalexin CERDELGA CEREZYME [INJ] CETROTIDE [INJ] CHANTIX chlorhexidine gluconate chlorthalidone CIMDUO ciprofloxacin citalopram clarithromycin clindamycín hcl clindamýcin phosphate topical clindamycin phosphate/ benzoyl peroxide clobetasol propionate clomiphene citrate clonazepam clonidine clopidogrel clotrimazole/betamethasone dipropionate colchicine tablets COMBIPATCH COMBIVENT RESPIMAT COMETRIQ CREON

cyanocobalamin [INJ] cyclobenzaprine

whenever appropriate.

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dapsone topical DAYTRANA DESCOVY desloratadine desvenlafaxine succinate ext-release dexamethasone DEXCOM RECEIVER, SENSOR, TRANSMITTER dexmethylphenidate ext-release dextroamphetamine/ amphetamine dextroamphetamine/ amphetamine ext-release diazepam diclofenac sodium delayed-release dicyclomine digoxin diltiazem ext-release dimethyl fumarate diphenoxylate/atropine divalproex delayed-release divalproex ext-release donepezil doxażosin doxycycline hyclate doxycycline monohydrate DUAVEE DULERA duloxetine delayed-release DUPIXENT [INJ] DYANAVEL XR

Ε

ELIQUIS ELOCTATE [INJ] EMGALITY [INJ] emtricitabine/tenofovir disoproxil fumarate EMVERM enalapril ENBREL [INJ] ENDOMETRIN enoxaparin [INJ] ENSTILAR **ENTRESTO** ENTYVIO [INJ] EPCLUSA **EPIDIOLEX** epinephrine auto-injector (by Mylan, Teva) [INJ] EPIPEN, EPIPEN JR [INJ] ergocalciferol ERIVEDGE **ERLEADA** erythromycin eye ointment EŚBRIET

escitalopram esomeprazole magnesium delayed-release ESPEROCT [INJ] estradiol estradiol patches estradiol vaginal inserts estradiol/norethindrone acetate eszopiclone ethinyl estradiol/drospirenone ethinyl estradiol/ drospirenone/levomefolate ethinyl estradiol/etonogestrel vaginal ring ethinyl estradiol/ levonorgestrel ethinyl estradiol/ norelgestromin patches ethinyl estradiol/ norethindrone acetate ethinyl estradiol/ norethindrone/iron ethinyl estradiol/norgestimate EUFLÉXXA [INJ] ezetimibe ezetimibe/simvastatin

The following is a list of the most commonly prescribed drugs. It represents an

plan. The list is not all-inclusive and does not guarantee coverage. In addition to using this list, you are encouraged to ask your doctor to prescribe generic drugs

PLEASE NOTE: Brand-name drugs may move to nonformulary status if a generic version becomes available during the year. Not all the drugs listed are covered by

all prescription plans; check your benefit materials for the specific drugs covered and the copayments for your prescription plan. For specific questions about your coverage, please call the phone number printed on your member ID card.

abbreviated version of the drug list (formulary) that is at the core of your prescription

F

famotidine FARXIGA FASENRA [INJ] fenofibrate fenofibrate micronized fenofibric acid delayed-release fentanyl patches FETZIMA **FINACEA FOAM** finasteride FLECTOR FLOVENT DISKUS FLOVENT HFA fluconazole fluocinonide fluoxetine fluticasone nasal spray folic acid FORTEO [INJ] FRAGMIN [INJ] FREESTYLE KITS/METERS: FREESTYLE FREEDOM, FREESTYLE FREEDOM LITE, FREESTYLE INSULINX, FREESTYLE LITE EDEESTYLE LIDEE & LIDEE 2 FREESTYLE LIBRE & LIBRE 2 READER, SENSOR FREESTYLE TEST STRIPS: FREESTYLE, FREESTYLE INSULINX, FREESTYLE LITE FULPHILA furosemide **FYCOMPA**

G

gabapentin GAMMACORE GELNIQUE gemfibrozil GENOTROPIN [INJ] GENVOYA GILENYA GLASSIA [INJ] glimepiride glipizide glipizide ext-release GLUCAGEN [INJ] GLUCAGON [INJ] glyburide GLYXAMBI GONAL-F, GONAL-F RFF, GONAL-F RFF REDI-JECT [INJ] GRASTEK guanfacine ext-release GVOKE [INJ]

H

HARVONI HUMALOG [INJ] HUMIRA [INJ] HUMULIN [INJ] hydralazine hydrochlorothiazide hydrocodone/acetaminophen hydrocodone/ chlorpheniramine polistirex ext-release hydrocortisone topical hydromorphone hydroxychloroquine hydroxyzine hcl hydroxyzine pamoate HYSINGLA ER

ibandronate IBRANCE ibuprofen INB'RIJA **INCRUSE ELLIPTA** indomethacin INFLECTRA [INJ] INLYTA irbesartan IRESSA isosorbide mononitrate ext-release

JANUMET, JANUMET XR JANUVIA JARDIANCE JIVI [INJ] JULUCA (continued)

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K

KANJINTI [INJ] KESIMPTA [INJ] ketoconazole topical ketorolac KITABIS PAK KLOXXADO KOGENATE FS [INJ] KOVALTRY [INJ] KYLEENA **KYNMOBI**

L

labetalol lamotrigine lansoprazole delayed-release latanoprost eye solution LATUDA LEVEMIR [INJ] levetiracetam levocetirizine levofloxacin levothyroxine sodium LICARŤ lidocaine patches LINZESS liothyronine LIPOFEN lisinopril lisinopril/hctz LIVALO LOKELMA lorazepam LORBRENA losartan losartan/hctz loteprednol eye suspension lovastatin LUPANETA PACK [INJ] LUPRON DEPOT 3.75 MG, 11.25 MG [INJ] LUPRON DEPOT-PED [INJ] LYNPARZA LYUMJEV [INJ]

М

MAYZENT meclizine medroxyprogesterone meloxicam metaxalone metformin metformin ext-release methimazole methocarbamol methotrexate methylphenidate methylphenidate ext-release methylprednisolone metoclopramide metoprolol succinate ext-release metoprolol tartrate metronidazole metronidazole topical metronidazole vaginal minocycline MIRENA mirtazapine MIRVASO MITIGARE mometasone MONOVISC [INJ] montelukast morphine sulfate ext-release MOVANTIK moxifloxacin eye solution mupirocin MUSE MYDAYIS **MYFEMBREE MYRBFTRIQ**

N

nabumetone NAMZARIC naproxen, naproxen sodium NASCOBAL NATESTO NAYZILAM neomycin/polymyxin/ hydrocortisone ear solution NEXLETOL NEXLIZET niacin ext-release nifedipine ext-release NINLARO nitrofurantoin macrocrystal NITYR NIVESTYM [INJ] NORDITROPIN [INJ] nortriptyline NOVAREL [INJ] NOVOEIGHT [INJ] NOVOFINE AUTOSHIELD NEEDLES **NOVOFINE NEEDLES** NOVOTWIST NEEDLES NUBEQA NUCALA [INJ] NUEDEXTA nystatin nystatin topical

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ODACTRA ODEFSEY ODOMZO OFEV ofloxacin olanzapine olmesartan olmesartan/hctz omeprazole delayed-release ondansetron ondansetron orally disintegrating tablets ONETOUCH KITS/METERS: ULTRA 2, ULTRAMINI, VERIO, VERIO FLEX **ONETOUCH TEST STRIPS:** ULTRA, VERIO ONEXTON **OPSUMIT** ORALAIR ORIAHNN **ORILISSA** ORTHOVISC [INJ] oseltamivir OTEZLA OVIDREL [INJ] oxcarbazepine oxybutynin ext-release oxycodone oxycodone/acetaminophen OXYCONTIN OZEMPIC [INJ]

Ρ

PANCREAZE pantoprazole delayed-release paroxetine hcl penicillin v potassium PFNTASA PERFOROMIST PHOSLYRA pioglitazone PLEGRIDY [INJ] polymyxin/trimethoprim eye solution PONVORY potassium chloride ext-release pramipexole pravastatin PRECISION XTRA METERS, TEST STRIPS, B-KETONE STRIPS prednisolone acetate eve suspension prednisolone sodium phosphate prednisone pregabalin PREMARIN CREAM PROCRIT [INJ] progesterone micronized PROLASTIN C [INJ] promethazine/ dextromethorphan propranolol propranolol ext-release

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QUDEXY XR quetiapine QUILLICHEW ER QUILLIVANT XR quinapril QVAR REDIHALER

R

rabeprazole delayed-release RAGWITEK raloxifene ramipril RASUVO [INJ] REBIF [INJ] RECTIV RELISTOR [INJ] RELISTOR TABLETS REPATHA [INJ] RESTASIS RETACRIT [INJ] REVLIMID RINVOQ ER risperidone rizatriptan ropinirole rosuvastatin ROZLYTREK RUBRACA RUCONEST [INJ] RUXIENCE [INJ] RYBELSUS

S

SAVELLA SEGLUROMET SEMGLEE (YFGN) [INJ] SEREVENT DISKUS

sertraline SEVENFACT [INJ] sildenafil SIMPONI 100 MG (for Ulcerative Colitis only) [INJ] simvastatin SKYLA SKYRIZI [INJ] SOLIQUA [INJ] SOLOSEC SOMATULINE DEPOT [INJ] SOMAVERT [INJ] SPIRIVA HANDIHALER SPIRIVA RESPIMAT spironolactone SPRYCEL STEGLATRO STEGLAIRO STEGLUJAN STELARA SC [INJ] STIOLTO RESPIMAT STIVARGA STRENSIQ [INJ] SUBLOCADE [INJ] sulfamethoxazole/ trimethoarim trimethoprim sumatriptan SUNOSI SUTENT SYMBICORT SYMFI SYMFI LO SYMJEPI [INJ] SYMLINPEN [INJ] SYMPROIC SYMTUZA SYNJARDY, SYNJARDY XR

Τ

tadalafil

TALICIA

TALTZ [INJ] TALZENNA

tamoxifen

TASIGNA

TAVALISSE

TEKTURNA HĊT

terconazole vaginal

testosterone cypionate [INJ]

timolol maleate eye solution tizanidine TOBI PODHALER

tobramycin eye solution tobramycin/dexamethasone

eve suspension

TRACLEER SUSPENSION

travoprost eye solution TRAZIMERA [INJ]

TRELEGY ELLIPTA

TREMFYA [INJ]

TRÉSIBA [INJ]

treprostinil [INJ]

topiramate TOUJEO [INJ]

TOVIAZ

tramadol

trazodone

telmisartan TEMIXYS

terazosin

thyroid

tacrolimus topical

tamsulosin ext-release

TAZORAC GEL TAZORAC 0.05% CREAM TEGSEDI [IN]

TAGRISSO TAKHZYRO [INJ]

tretinoin triamcinolone topical triamterene/hctz TRIJARDY XR TRIPTODUR [INJ] TRULANČE TRULICITY [INJ] TYMLOS [INJ]

U

UCERIS FOAM UPTRAVI

V

valacyclovir valsartan valsartan/hctz VARUBI VASCEPA **VELPHORO** venlafaxine venlafaxine ext-release verapamil ext-release VERQUVO VERZENIO VIBERZI VIMPAT VIOKACE VITRAKVI VIZIMPRO VOSEVI VUMERITY VYVANSE

W

warfarin WEGOVY [INJ]

X

XALKORI XARELTO XELJANZ, XELJANZ XR XIFAXAN XIGDUO XR XIIDRA XOLAIR [INJ] XTANDI XULTOPHY [INJ]

Y

YONSA YUPELRI

Ζ

ZARXIO [INJ] ZEGALOGUE [INJ] ZEJULA ZEJOLA ZENPEP ZEPATIER ZEPOSIA (for Multiple Sclerosis only) ZIEXTENZO [INJ] ZIRABEV [INJ] zolpidem zolpidem ext-release ZOMIG NASAL **ZTLIDO** ZUBSOLV

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2022 National Preferred Formulary Exclusions

The excluded medications shown below are not covered on the Express Scripts drug list. In most cases, if you fill a prescription for one of these drugs, you will pay the full retail price.

Take action to avoid paying full price. If you're currently using one of the excluded medications, please ask your doctor to consider writing you a new prescription for one of the following preferred alternatives. Additional covered alternatives may be available. Costs for covered alternatives may vary. Log on to express-scripts.com/covered to compare drug prices. Not all the drugs listed are covered by all prescription plans; check your benefit materials for the specific drugs covered and the copayments for your plan. For specific questions about your coverage, please call the number on your member ID card.

Express Scripts manages your prescription plan for your employer, plan sponsor, health plan or benefit fund. These excluded medications do not apply to Medicare plans.

Drug Class	Excluded Medications	Preferred Alternatives
ANTIINFECTIVES Antibiotic Agents - Vancomycins (Oral)	FIRVANQ	vancomycin capsules, vancomycin oral solution
Antifungal Agents (Oral)	BREXAFEMME	fluconazole
Anthungal Agents (Olal)	TOLSURA	itraconazole
Antivirals (Oral)	SITAVIG	acyclovir oral or cream, famciclovir, valacyclovir
Chagas Disease Agents	LAMPIT	BENZNIDAZOLE
AUTONOMIC & CENTRAL NERVOUS SYSTEM Alpha-2 Adrenergic Agonists (for Opioid Withdrawal)	LUCEMYRA	clonidine
Alzheimer's Agents	ADUHELM	No alternatives recommended
Anticonvulsants	APTIOM	carbamazepine, oxcarbazepine, pregabalin, topiramate, VIMPAT
	FINTEPLA	DIACOMIT, EPIDIOLEX
Antimigraine Agents	ONZETRA XSAIL, ZOLMITRIPTAN NASAL SPRAY	sumatriptan nasal spray, ZOMIG NASAL
	VYEPTI	AIMOVIG, AJOVY, EMGALITY
	APOKYN	КҮММОВІ
Antiparkinsonism Agents	GOCOVRI ER	amantadine capsules, amantadine tablets, amantadine oral solution
	ONGENTYS	entacapone
	XADAGO, ZELAPAR	rasagiline, selegiline
Antipsychotics (Oral)	CAPLYTA	aripiprazole, asenapine, olanzapine, quetiapine er, quetiapine fumarate, risperidone, ziprasidone, LATUDA
Antispasmodic Agents	OZOBAX	baclofen, tizanidine
Central Nervous System Non-Stimulants	QELBREE ER	atomoxetine, clonidine er, guanfacine er
Central Nervous System Stimulants	AMPHETAMINE ER SUSPENSION	dexmethylphenidate er, dextroamphetamine er, dextroamphetamine/amphetamine er, methylphenidate cd, methylphenidate er, methylphenidate la, DYANAVEL XR, MYDAYIS, QUILLICHEW ER, QUILLIVANT XR, VYVANSE
Duck and Mucaular Duckershu (DMD) Aroute	AMONDYS 45, EXONDYS 51, VILTEPSO, VYONDYS 53	No alternatives recommended
Duchenne Muscular Dystrophy (DMD) Agents	EMFLAZA	prednisone solution, prednisone tablets
Lambert-Eaton Myasthenic Syndrome Agents	FIRDAPSE	RUZURGI
Multiple Sclerosis (Beta Interferons)	EXTAVIA	AVONEX ADMINISTRATION PACK, AVONEX PEN, BETASERON, PLEGRIDY, REBIF, REBIF REBIDOSE
	APADAZ, BENZHYDROCODONE/ACETAMINOPHEN	hydrocodone/acetaminophen
	MORPHABOND ER, NUCYNTA ER, OXYCODONE ER, XTAMPZA ER	hydromorphone er, morphine sulfate er, oxymorphone er, HYSINGLA ER, OXYCONTIN
Narcotic Analgesics & Combinations	NUCYNTA	hydrocodone/acetaminophen, morphine sulfate, oxycodone, tramadol, tramadol/acetaminophen
	PRIMLEV, PROLATE SOLUTION	oxycodone/acetaminophen
	QDOLO	tramadol tablets

Drug Class	Excluded Medications	Preferred Alternatives
AUTONOMIC & CENTRAL NERVOUS SYSTEM (continued) Narcotic Antagonists	BUNAVAIL	buprenorphine/naloxone, ZUBSOLV
Sedative-Hypnotic Agents	DORAL, QUAZEPAM	estazolam, lorazepam
Selective Serotonin Reuptake Inhibitors (SSRIs) Antidepressants	PEXEVA, VIIBRYD	citalopram, escitalopram, fluoxetine, fluvoxamine, paroxetine, sertraline
Serotonin/Norepinephrine Reuptake Inhibitor Antidepressants	DRIZALMA SPRINKLE	desvenlafaxine er, duloxetine, venlafaxine er, FETZIMA
Transmucosal Fentanyl Analgesics	FENTANYL CITRATE BUCCAL TABLETS, FENTORA, LAZANDA, SUBSYS	fentanyl citrate lozenges
Miscellaneous Antidepressants	SPRAVATO	olanzapine/fluoxetine, bupropion, desvenlafaxine er, duloxetine, escitalopram, mirtazapine, sertraline
CARDIOVASCULAR	EPANED	enalapril
ACE Inhibitors	QBRELIS	lisinopril
	EDARBI	candesartan, irbesartan, losartan, olmesartan, telmisartan, valsartan
Angiotensin Receptor Blockers (ARBs) and Combinations	EDARBYCLOR	candesartan/hydrochlorothiazide, irbesartan/hydrochlorothiazide, losartan/hydrochlorothiazide, olmesartan/hydrochlorothiazide, telmisartan/hydrochlorothiazide, valsartan/hydrochlorothiazide, chlorthalidone plus valsartan
Anticoagulants	PRADAXA, SAVAYSA	ELIQUIS, XARELTO
	BYSTOLIC	atenolol, carvedilol, metoprolol succinate
Beta Blockers & Combinations	DUTOPROL	metoprolol tartrate/hydrochlorothiazide, metoprolol succinate er plus hydrochlorothiazide
	INDERAL XL, INNOPRAN XL	propranolol er
	KAPSPARGO SPRINKLE	metoprolol succinate
Calcium Channel Blockers	CONJUPRI	amlodipine, felodipine er, nifedipine er, nisoldipine
	KATERZIA	amlodipine
HMG & Cholesterol Inhibitor Combinations	ALTOPREV, EZALLOR SPRINKLE	atorvastatin, fluvastatin er, lovastatin, pravastatin, rosuvastatin, simvastatin tablets, LIVALO
PCSK9 Inhibitors	PRALUENT	REPATHA
Miscellaneous Cardiovascular Agents	CORLANOR	atenolol, bisoprolol, carvedilol, metoprolol succinate, metoprolol tartrate, propranolol
DERMATOLOGICAL Agents for Hyperhidrosis	DRYSOL	Over-the-Counter aluminum chloride containing products
Oral Agents for Acne	DORYX DR 80 MG, DORYX MPC, DOXYCYCLINE HYCLATE DR 80 MG	doxycycline hyclate, doxycycline monohydrate
	MINOCYCLINE ER CAPSULES, XIMINO	minocycline er tablets
Rosacea Agents (Oral)	DOXYCYCLINE 40 MG CAPSULES	doxycycline hyclate, doxycycline monohydrate
Rosacea Agents (Topical)	ZILXI	azelaic acid, metronidazole, sodium sulfacetamide/sulfur, FINACEA
	CLENIA PLUS	sodium sulfacetamide/sulfur
	CLINDAGEL, CLINDAMYCIN PHOSPHATE 1% GEL (BY OCEANSIDE)	clindamycin phosphate gel, erythromycin gel
	EPIDUO FORTE	adapalene/benzoyl peroxide
Topical Agents for Acne	TAZAROTENE FOAM	tazarotene cream, TAZORAC GEL
	VELTIN	clindamycin/benzoyl peroxide, clindamycin/tretinoin, erythromycin/benzoyl peroxide, ONEXTON
	WINLEVI	clindamycin phosphate gel, clindamycin/tretinoin, erythromycin gel, tretinoin, ONEXTON

Drug Class	Excluded Medications	Preferred Alternatives
DERMATOLOGICAL <i>(continued)</i> Topical Agents for Actinic Keratosis	CARAC, FLUOROURACIL 0.5% CREAM, IMIQUIMOD 3.75% CREAM PUMP, KLISYRI, ZYCLARA	diclofenac 3% gel, fluorouracil 2% solution, fluorouracil 5% cream, imiquimod 5% cream
Topical Antifungals	ECOZA, LULICONAZOLE, SULCONAZOLE, XOLEGEL	ciclopirox, econazole, ketoconazole, naftifine, oxiconazole
	CLOCORTOLONE	betamethasone valerate, fluocinolone acetonide, triamcinolone acetonide
Topical Corticosteroids	IMPEKLO	betamethasone dipropionate, clobetasol, desonide, desoximetasone, diflorasone, fluocinonide, halcinonide, halobetasol, mometasone, triamcinolone
	VERDESO FOAM	desonide 0.05% cream/lotion/ointment, desoximetasone 0.25% cream/ointment
Vitamin D Analogs (Topical)	CALCIPOTRIENE FOAM, SORILUX	calcipotriene, calcitriol
	ALCORTIN A	hydrocortisone, mupirocin
Miscellaneous Topical Dermatological Agents	LIDOCAINE/TETRACAINE, PLIAGLIS	lidocaine cream, lidocaine/prilocaine cream
	TRI-LUMA	fluocinolone acetonide, hydroquinone, tretinoin
DIABETES Blood Glucose Meters & Test Strips	ASCENSIA (CONTOUR) ROCHE (ACCU-CHEK) TRIVIDIA (TRUETEST, TRUETRACK) ALL OTHER METERS & TEST STRIPS THAT ARE NOT LISTED AS PREFERRED	FREESTYLE KITS/METERS: FREESTYLE FREEDOM, FREESTYLE FREEDOM LITE, FREESTYLE INSULINX, FREESTYLE LITE FREESTYLE TEST STRIPS: FREESTYLE, FREESTYLE INSULINX, FREESTYLE LITE ONETOUCH KITS/METERS: ULTRA2, ULTRAMINI, VERIO, VERIO FLEX ONETOUCH TEST STRIPS: ULTRA, VERIO PRECISION XTRA METERS, TEST STRIPS, B-KETONE STRIPS
	ALOGLIPTIN, NESINA, ONGLYZA, TRADJENTA	JANUVIA
Dipeptidyl Peptidase-4 (DPP-4) Inhibitors & Combinations	ALOGLIPTIN/METFORMIN, JENTADUETO, JENTADUETO XR, KAZANO, KOMBIGLYZE XR	JANUMET, JANUMET XR
	ALOGLIPTIN/PIOGLITAZONE	pioglitazone plus JANUVIA
Dipeptidyl Peptidase-4 (DPP-4) Inhibitors/Sodium Glucose Co-Transporter-2 (SGLT-2) Inhibitors Combinations	QTERN	GLYXAMBI, STEGLUJAN
Glucagon-Like Peptide-1 Agonists	ADLYXIN, VICTOZA	BYDUREON, BYETTA, OZEMPIC, TRULICITY
Insulins	ADMELOG, AFREZZA, APIDRA, FIASP, INSULIN ASPART, INSULIN ASPART PROTAMINE, INSULIN LISPRO, NOVOLOG, RELION NOVOLOG	HUMALOG, LYUMJEV
insums	INSULIN GLARGINE-YFGN, LANTUS	LEVEMIR, SEMGLEE (YFGN), TOUJEO, TRESIBA
	NOVOLIN, RELION NOVOLIN	HUMULIN
Sodium Glucose Co-Transporter-2 (SGLT-2) Inhibitors &	INVOKAMET, INVOKAMET XR	SEGLUROMET, SYNJARDY, SYNJARDY XR, XIGDUO XR
Combinations	INVOKANA	FARXIGA, JARDIANCE, STEGLATRO
EAR/NOSE Nasal Steroids	BECONASE AQ, OMNARIS, QNASL, ZETONNA	flunisolide, fluticasone, mometasone
Otic Fluoroquinolone Antibiotics	CIPRO HC, CIPROFLOXACIN/FLUOCINOLONE OTIC, OTOVEL	ciprofloxacin/dexamethasone otic
ENDOCRINE Cushing's Agents	ISTURISA	SIGNIFOR
Gonadotropin-Releasing Hormone (GnRH) Analogs (for Central Precocious Puberty)	FENSOLVI	LUPRON DEPOT-PED, TRIPTODUR
Growth Hormones	HUMATROPE, NUTROPIN AQ NUSPIN, OMNITROPE, SAIZEN, SAIZENPREP, ZOMACTON	GENOTROPIN, NORDITROPIN FLEXPRO
	BYNFEZIA	octreotide
Somatostatin Analogs	MYCAPSSA, SANDOSTATIN LAR DEPOT	SOMATULINE DEPOT
oonatostatii Anaiogo	SIGNIFOR LAR	For Acromegaly: SOMATULINE DEPOT For Cushing's Disease: SIGNIFOR
Testosterone Products	AVEED	testosterone cypionate, testosterone enanthate

Drug Class	Excluded Medications	Preferred Alternatives
ENDOCRINE (<i>continued)</i> Thyroid Replacement Therapy	LEVOTHYROXINE CAPSULES, THYQUIDITY, TIROSINT, TIROSINT-SOL	levothyroxine tablets
Miscellaneous Endocrine Agents	KORLYM	ketoconazole, LYSODREN, SIGNIFOR
GASTROINTESTINAL Antidiarrheal Agents	MYTESI	diphenoxylate/atropine, loperamide
	AKYNZEO CAPSULES	granisetron, ondansetron, aprepitant, VARUBI TABLETS
Antiemetics (Oral)	ANTIVERT	meclizine
	EMEND POWDER PACKETS	aprepitant, VARUBI TABLETS
Bowel Evacuants	CLENPIQ, GOLYTELY PACKETS, OSMOPREP, PLENVU, SUPREP, SUTAB	peg-electrolyte solution (high and low volume generics)
Corticosteroids (Rectal Formulations)	CORTIFOAM	hydrocortisone enema, UCERIS FOAM
Gallstone Dissolution Agents	RELTONE	ursodiol
Gastroparesis Agents	GIMOTI	No alternatives recommended
Helicobacter Pylori Agents	HELIDAC, PYLERA	lansoprazole/amoxicillin/clarithromycin, TALICIA
Hemorrhoidal Preparations	PROCTOFOAM-HC	pramoxine/hydrocortisone
Inflammatory Bowel Agents	DIPENTUM	balsalazide disodium, mesalamine dr, mesalamine er, sulfasalazine, PENTASA
Irritable Bowel Syndrome & Chronic Constipation Agents	AMITIZA, LUBIPROSTONE	LINZESS, TRULANCE
Pancreatic Enzymes	PERTZYE	CREON, PANCREAZE, ZENPEP
Proton Pump Inhibitors	ACIPHEX SPRINKLE, DEXILANT, ESOMEPRAZOLE STRONTIUM, NEXIUM PACKETS, PRILOSEC SUSPENSION, RABEPRAZOLE DR SPRINKLE	esomeprazole magnesium, lansoprazole, omeprazole, pantoprazole, rabeprazole
IEMATOLOGICAL Antiplatelet Agents	ASPIRIN/OMEPRAZOLE DR, YOSPRALA DR	aspirin plus omeprazole, esomeprazole, lansoprazole, pantoprazole or rabeprazole
Erythropoiesis-Stimulating Agents	ARANESP, EPOGEN, MIRCERA	PROCRIT, RETACRIT
	NOVOSEVEN RT	SEVENFACT
Factor Deficiency Agents & Related Products	NUWIQ, RECOMBINATE, XYNTHA, XYNTHA SOLOFUSE	ADVATE, ADYNOVATE, AFSTYLA, ELOCTATE, ESPEROCT, JIVI, KOGENATE FS, KOVALTRY, NOVOEIGHT
	GRANIX, NEUPOGEN	NIVESTYM, ZARXIO
Granulocyte Colony Stimulating Factors	NEULASTA, NYVEPRIA, UDENYCA	FULPHILA, ZIEXTENZO
Iron Replacement Agents	MONOFERRIC	sodium ferric gluconate complex, VENOFER
	OXBRYTA	hydroxyurea, ADAKVEO, DROXIA
Sickle Cell Disease Agents	SIKLOS	DROXIA
Thrombocytopenia Agents	MULPLETA	DOPTELET
IEPATITIS Hepatitis C	LEDIPASVIR/SOFOSBUVIR, MAVYRET, SOFOSBUVIR/VELPATASVIR, SOVALDI	EPCLUSA, HARVONI, VOSEVI, ZEPATIER
	CABENUVA	atazanavir plus lamivudine, darunavir plus lamivudine, lopinavir/ritonavir plus lamivudine, DOVATO, JULUCA, TIVICAY plus lamivudine, TIVICAY plus EDURANT
IV	COMPLERA	ODEFSEY
Antiretrovirals Note: Current patients established on therapy are allowed to continue therapy.	DELSTRIGO	efavirenz/emtricitabine/tenofovir disoproxil fumarate, efavirenz/lamivudine/tenofovir disoproxil fumarate, BIKTARVY, GENVOYA, ODEFSEY, SYMFI, SYMFI LO, SYMTUZA, TRIUMEQ
	PIFELTRO	efavirenz, EDURANT
	PREZCOBIX	atazanavir, lopinavir/ritonavir, ritonavir, PREZISTA

Drug Class	Excluded Medications	Preferred Alternatives
HIV Antiretrovirals <i>(continued)</i> Note: Current patients established on therapy	RUKOBIA ER	Coverage may be approved for the treatment of human immunodeficiency virus-1 infection in heavily treatment- experienced patients with multidrug-resistant infection.
are allowed to continue therapy.	STRIBILD	BIKTARVY, GENVOYA
MUSCULOSKELETAL & RHEUMATOLOGY Gout Therapy	COLCHICINE CAPSULES	colchicine tablets, MITIGARE
	DICLOFENAC 35 MG CAPSULES, INDOMETHACIN 20 MG CAPSULES, KETOROLAC NASAL SPRAY	diclofenac, etodolac, ibuprofen, indomethacin, meloxicam, nabumetone, naproxen, piroxicam
	FENOPROFEN CAPSULES, FENORTHO, NALFON CAPSULES	fenoprofen calcium tablets, etodolac, flurbiprofen, ibuprofen, ketoprofen, meloxicam, nabumetone
Nonsteroidal Anti-Inflammatory Drugs (NSAIDs)	RELAFEN DS	nabumetone, etodolac, flurbiprofen, ibuprofen, ketoprofen, meloxicam, oxaprozin
	TIVORBEX	etodolac, flurbiprofen, ibuprofen, indomethacin, ketoprofen, meloxicam, nabumetone
	ZIPSOR, ZORVOLEX	diclofenac potassium, etodolac, flurbiprofen, ibuprofen, ketoprofen, meloxicam, nabumetone
Topical Nonsteroidal Anti-Inflammatory Drugs (NSAIDs)	DICLOFENAC EPOLAMINE PATCHES, PENNSAID	diclofenac sodium topical, FLECTOR PATCHES, LICART PATCHES
OBSTETRICAL & GYNECOLOGICAL Combination Patches	CLIMARA PRO	COMBIPATCH
	ANNOVERA, BALCOLTRA, LO LOESTRIN FE, NATAZIA, NEXTSTELLIS, TWIRLA, TYBLUME	generic oral, patch and ring contraceptives
Contraceptives	PHEXXI	Barrier methods of contraception, such as condoms, diaphragms, spermicides or sponges.
	SLYND	generic progestin-only oral contraceptives
	ESTRING, IMVEXXY, INTRAROSA, OSPHENA	estradiol cream, estradiol vaginal inserts, PREMARIN CREAM
Estrogen & Estrogen Modifiers for Vaginal Symptoms	FEMRING	estradiol cream, estradiol patches, estradiol tablets, estradiol vaginal inserts, PREMARIN CREAM
Estrogen/Progestin Combinations (Oral)	BIJUVA, PREMPHASE, PREMPRO	estradiol/norethindrone acetate, ethinyl estradiol/norethindrone acetate
Estrogens (Oral)	MENEST, PREMARIN TABLETS	estradiol tablets
Human Chorionic Gonadotropin‡	PREGNYL	NOVAREL, OVIDREL
Ovulatory Stimulants (Follitropins)	FOLLISTIM AQ	GONAL-F, GONAL-F RFF, GONAL-F RFF REDI-JECT
Prenatal Vitamins	PREGENNA, TRINAZ	generic prenatal vitamins
Topical Estrogen Agents	DIVIGEL, ELESTRIN, ESTROGEL, EVAMIST	estradiol patches
	CRINONE 4%	medroxyprogesterone, megestrol, norethindrone, progesterone
Vaginal Progesterones	CRINONE 8%	ENDOMETRIN
ONCOLOGY Acute Myeloid Leukemia (AML) Agents	ONUREG	azacitidine, decitabine
Bevacizumab-Containing Agents	AVASTIN	MVASI, ZIRABEV
Breast Cancer Agents	KISQALI, KISQALI FEMARA CO-PACK, PIQRAY	IBRANCE, VERZENIO
Multiple Myeloma Agents	BLENREP, XPOVIO	DARZALEX, KYPROLIS, NINLARO, POMALYST, REVLIMID, THALOMID, VELCADE
Myelodysplastic Syndrome Agents	ΙΝΩΟΥΙ	decitabine
Myelofibrosis Agents	INREBIC	JAKAFI
Non-Small Cell Lung Cancer Agents	ТЕРМЕТКО	TABRECTA
Prostate Cancer Agents	TRELSTAR	ELIGARD, FIRMAGON
Renal Cell Cancer Agents	FOTIVDA	everolimus, sunitinib malate, CABOMETYX, INLYTA, LENVIMA, NEXAVAR, VOTRIENT

‡ Please note that product placement is subject to change throughout the year based upon changes in market dynamics.

Drug Class	Excluded Medications	Preferred Alternatives
ONCOLOGY <i>(continued)</i> Rituximab-Containing Agents	RIABNI, RITUXAN, RITUXAN HYCELA, TRUXIMA	RUXIENCE
Trastuzumab-Containing Agents	HERCEPTIN, HERCEPTIN HYLECTA, HERZUMA, OGIVRI, ONTRUZANT	KANJINTI, TRAZIMERA
	PHESGO	PERJETA plus KANJINTI or TRAZIMERA
Tyrosine Kinase Inhibitors	QINLOCK	imatinib, sunitinib malate, NEXAVAR, SPRYCEL, STIVARGA, TASIGNA, VOTRIENT
	TRUSELTIQ	PEMAZYRE
DPHTHALMIC Antiglaucoma Agents (Beta-Adrenergic Blockers)	BETIMOL	timolol drops, betaxolol drops, levobunolol drops
Antiglaucoma Agents (Other)	RHOPRESSA, ROCKLATAN	betaxolol drops, bimatoprost drops, dorzolamide/timolol drops, latanoprost drops, levobunolol drops, timolol drops, travoprost drops
Antiglaucoma Agents (Ophthalmic Prostaglandins)	DURYSTA, XELPROS, ZIOPTAN	bimatoprost drops, latanoprost drops, travoprost drops
Blepharoptosis Agents	UPNEEQ	No alternatives recommended
Ophthalmic Agents - Other	CYSTADROPS	CYSTARAN
Ophthalmic Anti-Allergic	ALOCRIL, ALOMIDE, ALREX, LASTACAFT, PAZEO, ZERVIATE	azelastine drops, bepotastine drops, cromolyn drops, epinastine drops, olopatadine drops
Ophthalmic Anti-Inflammatory	FLAREX, FML FORTE, FML S.O.P., MAXIDEX, PRED MILD	dexamethasone drops, fluorometholone drops, loteprednol drops, prednisolone drops
Ophthalmic Combinations	TOBRADEX ST, ZYLET	tobramycin/dexamethasone drops
Ophthalmic Non-Steroidal Anti-Inflammatory Drugs (NSAIDs)	ACUVAIL, BROMSITE, NEVANAC	bromfenac drops, diclofenac drops, ketorolac drops
Ophthalmic Quinolone Antibiotics	BESIVANCE, CILOXAN OINTMENT	ciprofloxacin drops, gatifloxacin drops, levofloxacin drops, moxifloxacin drops, ofloxacin drops
D STEOARTHRITIS Hyaluronic Acid Derivatives	DUROLANE, GEL-ONE, GELSYN-3, GENVISC 850, HYALGAN, HYMOVIS, SUPARTZ FX, SYNVISC, SYNVISC-ONE, TRILURON, TRIVISC, VISCO-3	EUFLEXXA, MONOVISC, ORTHOVISC
RENAL Nephropathic Cystinosis Agents	PROCYSBI	CYSTAGON
Nocturnal Polyuria Agents	NOCTIVA	desmopressin tablets
Overactive Bladder Agents	VESICARE LS	oxybutynin, oxybutynin er
Phosphate Binders	FOSRENOL POWDER PACKETS	lanthanum, sevelamer carbonate, sevelamer hcl, PHOSLYRA, VELPHORO
RESPIRATORY Epinephrine Auto-Injector Systems	AUVI-Q, EPINEPHRINE AUTO-INJECTOR (BY A-S MEDICATION, AMNEAL PHARMA, AVKARE)	epinephrine auto-injector (by Mylan, Teva), EPIPEN, EPIPEN JR
Immunological Agents for Asthma	CINQAIR	DUPIXENT, FASENRA, NUCALA
Long-Acting Beta Agonist Inhalers	STRIVERDI RESPIMAT	SEREVENT DISKUS
Long-Acting Muscarinic Antagonist Inhalers	TUDORZA PRESSAIR	INCRUSE ELLIPTA, SPIRIVA HANDIHALER, SPIRIVA RESPIMAT
Long-Acting Muscarinic Antagonist/ Long-Acting Beta-Agonist Combination Inhalers	DUAKLIR PRESSAIR	ANORO ELLIPTA, BEVESPI AEROSPHERE, STIOLTO RESPIMAT
Pulmonary Anti-Inflammatory Inhalers	ARMONAIR DIGIHALER, PULMICORT FLEXHALER	ARNUITY ELLIPTA, ASMANEX HFA, ASMANEX TWISTHALER, FLOVENT DISKUS, FLOVENT HFA, QVAR REDIHALER
Pulmonary Anti-Inflammatory/ Beta-Agonist Combination Inhalers	AIRDUO DIGIHALER, AIRDUO RESPICLICK, BUDESONIDE/FORMOTEROL, FLUTICASONE/SALMETEROL (BY A-S MEDICATION, TEVA)	fluticasone/salmeterol (by Hikma, Prasco, Proficient Rx), ADVAIR HFA, BREO ELLIPTA, DULERA, SYMBICORT

Drug Class	Excluded Medications	Preferred Alternatives
RESPIRATORY (<i>continued</i>) Respiratory Agents - Other	DALIRESP	fluticasone/salmeterol (by Hikma, Prasco, Proficient Rx), ADVAIR HFA, ANORO ELLIPTA, ARNUITY ELLIPTA, ASMANEX HFA, ASMANEX TWISTHALER, BEVESPI AEROSPHERE, BREO ELLIPTA, DULERA, FLOVENT DISKUS, FLOVENT HFA, INCRUSE ELLIPTA, PERFOROMIST, QVAR REDIHALER, SEREVENT DISKUS, SPIRIVA HANDIHALER, SPIRIVA RESPIMAT, STIOLTO RESPIMAT, SYMBICORT
Short-Acting Beta ₂ -Agonist Inhalers	ALBUTEROL SULFATE HFA (BY A-S MEDICATION, PRASCO), LEVALBUTEROL HFA, PROAIR DIGIHALER, PROAIR RESPICLICK, VENTOLIN HFA, XOPENEX HFA	albuterol sulfate hfa (by Bryant Ranch, Cipla, Civica, Lupin, Par, Perrigo, Proficient Rx, Sandoz & Teva)
MISCELLANEOUS AGENTS Allergen Immunotherapy	PALFORZIA	No alternatives recommended
Gaucher Disease Agents	ELELYSO, VPRIV	CEREZYME
Glucocorticoids	ALKINDI SPRINKLE	hydrocortisone tablets
Giucocorticolas	HEMADY	dexamethasone tablets
Hereditary Angioedema	BERINERT	CINRYZE, RUCONEST
	CUTAQUIG	SC: GAMMAGARD LIQUID, GAMUNEX-C, XEMBIFY
Immune Globulins	GAMMAKED	IV: GAMMAGARD LIQUID, GAMMAGARD S-D, GAMUNEX-C SC: GAMMAGARD LIQUID, GAMUNEX-C, XEMBIFY
	HIZENTRA	SC: XEMBIFY
	ENVARSUS XR	tacrolimus
la anna anna anna anna Arranta	LUPKYNIS	mycophenolate mofetil plus systemic corticosteroid
Immunosuppressant Agents	OTREXUP, REDITREX	methotrexate injection, RASUVO
	ХАТМЕР	methotrexate
Infused TNF Antagonists	AVSOLA, REMICADE, RENFLEXIS	INFLECTRA
Neuromyelitis Optica Spectrum Disorder Agents	UPLIZNA	ENSPRYNG
Osteoporosis - Bone Modifiers	EVENITY, PROLIA	alendronate, ibandronate, risedronate, zoledronic acid, FORTEO, TYMLOS
Polyneuropathy of Hereditary Transthyretin-Mediated Amyloidosis	ONPATTRO	TEGSEDI
Potassium Binders	VELTASSA	LOKELMA

Indication Based Management

Drug Class	Excluded Medications	Preferred Alternatives	
Spinal Conditions (nr-axSpA)	COSENTYX	TALTZ, CIMZIA	
Inflammatory Conditions‡ where COSENTYX is indicated	COSENTYX	TALTZ, ENBREL, HUMIRA, OTEZLA, SKYRIZI, STELARA SC, TREMFYA, XELJANZ, XELJANZ XR	
Drug Class	Nonpreferred Medications	Preferred Alternatives	
Inflammatory Conditions‡	All other Brand Name medications for Inflammatory Conditions are Nonpreferred. Approval may be granted following a coverage review. A trial of one or more Preferred medications is required prior to initiating therapy with a Nonpreferred medication. A formulary exception may be granted for a patient already established on therapy with a Nonpreferred medication.	Preferred: ENBREL, HUMIRA, OTEZLA, RINVOQ ER, SKYRIZI, STELARA SC, TALTZ, TREMFYA, XELJANZ, XELJANZ XR Preferred after Step through HUMIRA: ACTEMRA ULCERATIVE COLITIS ONLY Preferred after Step through HUMIRA: SIMPONI 100 MG, XELJANZ, XELJANZ XR ULCERATIVE COLITIS ONLY Step through HUMIRA and STELARA: ZEPOSIA	

‡ Please note that product placement for treatment of Inflammatory Conditions in the Inflammatory Conditions Care Value (ICCV) Program are subject to change throughout the year based upon changes in market dynamics, new indications for existing products, biosimilar and new product launches.

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Excluded Medications/Products at a Glance

ABILIFY^ ACANYA^ ACIPHEX^ ACIPHEX SPRINKLE ACUVAIL ADCIRCA^ ADDERALL^, ADDERALL XR^ ADLYXIN ADMELOG ADUHELM AFREZZA AGGRENOX^ AIRDUO DIGIHALER AIRDUO RESPICLICK AKYNZEO CAPSULES ALBUTEROL SULFATE HFA (BY A-S MEDICATION, PRASCO) ALCORTIN A ALINIA TABLETS^ ALKINDI SPRINKLE ALOCRIL ALOGLIPTIN ALOGLIPTIN/METFORMIN ALOGLIPTIN/PIOGLITAZONE ALOMIDE AI RFX ALTOPREV AMBIEN^, AMBIEN CR^ AMITIZA AMONDYS 45 AMPHETAMINE ER SUSPENSION AMPYRA^ AMRIX^ ANDROGEL^ ANNOVERA ANTIVERT ANUSOL-HC^ APADAZ APIDRA APOKYN APTIOM ARANESP ARIMIDEX^ ARMONAIR DIGIHALER ASACOL HD^ ASCENSIA (CONTOUR) ASPIRIN/OMEPRAZOLE DR ATACAND^, ATACAND HCT^ ATRALIN^ ATRIPLA^ AUVI-Q AVALIDE^, AVAPRO^ AVASTIN AVEED AVODART^ AVSOLA AZOPT^ AZOR^ BALCOLTRA BARACLUDE TABLETS^ BECONASE AQ BENICAR^, BENICAR HCT^ BENZHYDROCODONE/ ACETAMINOPHEN BEPREVE^ BERINERT BESIVANCE BETIMOL BIJUVA BLENREP BREXAFEMME BRISDELLE^ BROMSITE BUDESONIDE/FORMOTEROL BUNAVAIL BUPAP^ BUTRANS^ BYNFEZIA BYSTOLIC CABENUVA CALCIPOTRIENE FOAM CANASA/ CAPLYTA CARAC CELEBREX^ CELEXA^ CIALIS^ CILOXAN OINTMENT CINQAIR CIPRO HC

CIPROFLOXACIN/ FLUOCINOLONE OTIC CLENIA PLUS CLENPIQ CLIMARA PRO CLINDAGEL CLINDAMYCIN PHOSPHATE 1% GEL (BY OCEANSIDE) CLOCORTOLONE COLCHICINE CAPSULES COLCRYS/ COMPLERA CONCERTA CONJUPRI COREG^ CORLANOR CORTIFOAM COSENTYX COSOPT^, COSOPT PF^ COZAAR^, HYZAAR^ CRESTOR^ CRINONE CUPRIMINE^ CUTAQUIG CYMBALTA^ CYSTADROPS CYTOMEL^ DALIRESP DELSTRIGO DELZICOL^ DETROL^, DETROL LA^ DEXILANT DICLOFENAC 35 MG CAPSULES DICLOFENAC EPOLAMINE PATCHES DIOVAN^, DIOVAN HCT^ DIPENTUM DIVIGEL DORAL DORYX DR 50 MG^ & 200 MG^ DORYX DR 50 MG, DORYX MPC, DOXYCYCLINE HYCLATE DR 80 MG DOXYCYCLINE 40 MG CAPSULES DRIZALMA SPRINKLE DRYSOL DUAKLIR PRESSAIR DURAGESIC⁷ DUROLANE DURYSTA DUTOPROL FC07A EDARBI, EDARBYCLOR EFFEXOR XR^ FI FI YSO ELESTRIN ELIDEL^ EMEND CAPSULES^, TRIFOLD PACK^ EMEND POWDER PACKETS EMFLAZA ENVARSUS XR EPANED EPIDUO^ EPIDUO FORTE EPINEPHRINE AUTO-INJECTOR (BY A-S MEDICATION, AMNEAL PHARMA, AVKARE) EPOGEN ESOMEPRAZOLE STRONTIUM ESTRACE CREAM^ ESTRING ESTROGE ESTROSTEP FE^ EVAMIST EVENITY EXFORGE^, EXFORGE HCT^ FXIADF/ EXONDYS 51 EXTAVIA EZALLOR SPRINKLE FEMRING FENOPROFEN CAPSULES FENORTHO FENSOLVI FENTANYL CITRATE BUCCAL TABLETS FENTORA FINTEPLA FIRA7YR/

FIRDAPSE FIRVANQ FLARFX FLAREX FLUOROURACIL 0.5% CREAM FLUTICASONE/SALMETEROL (BY A-S MEDICATION, TEVA) FML FORTE, FML S.O.P. FOCALIN^, FOCALIN XR^ FOCLISTIM AQ FOSRENOL CHEWABLE TABLETS^ FOSRENOL POWDER PACKETS GAMMAKED GANIRELIX ACETATE^ GEL-ONE GELSYN-3 GENERESS FE^ GENVISC 850 GIMOTI GLEEVEC^ GLUCOPHAGE^, GLUCOPHAGE XR^ GLUMETZA^ GOCOVRI ER GOLYTELY PACKETS GRANIX HELIDAC HEMADY HERCEPTIN, HERCEPTIN HYLECTA HERZUMA HIZENTRA HUMATROPE HYAI GAN HYMOVIS IMIQUIMOD 3.75% CREAM PUMP IMITREX/ IMPFKI O IMVEXXY INDERAL LA^ INDERAL LA^ INDERAL XL, INNOPRAN XL INDOMETHACIN 20 MG CAPSULES INDOVI INDERLO INREBIC INSULIN ASPART, INSULIN ASPART PROTAMINE INSULIN GLARGINE-YFGN INSULIN LISPRO INTRAROSA INTUNIV^ INVOKAMET, INVOKAMET XR, INVOKANA ISTALOL^ ISTURISA JADENUA, JADENU SPRINKLEA JENTADUETO, JENTADUETO XR KAPSPARGO SPRINKLE KATERZIA **KAZANO** KEPPRA^. KEPPRA XR^ KERYDIN/ KETOROLAC NASAL SPRAY KISOALI KISQALI FEMARA CO-PACK KLISYRI KOMBIGLYZE XR LAMICTAL^, LAMICTAL ODT^, LAMICTAL XR^ LAMICTAL XR^ KORLYN LANTUS I ASTACAFT I AZANDA LEDIPASVIR/SOFOSBUVIR LETAIRIS I EVALBUTEROL HEA LEVOTHYROXINE CAPSULES LEXAPRO/ LIALDA^ LIBRAX^ LIDOCAINE/TETRACAINE I IDODERM/ LIPITOR^ LO LOESTRIN FE LOCOID^, LOCOID LIPOCREAM^ LOESTRIN^, LOESTRIN FE^ LOTREL^ LOTRONEX^ LOVENOX^

LUBIPROSTONE LUCEMYRA LUNESTA LUPKYNIS LYRICA^, LYRICA CR^ MAVYRET MAXALT^, MAXALT MLT^ MAXIDEX MENEST MESTINON^ MICARDIS^, MICARDIS HCT^ MINASTRIN 24 FE^ MINIVELLE/ MINOCYCLINE ER CAPSULES MIRCFRA MIRCETTE^ MONOFERRIC MORPHABOND ER MOVIPREP^ MULPLETA MYCAPSSA MYTESI NALFON CAPSULES NAMENDA XR^ NASONEX^ NATAZIA NATROBA^ NESINA NEULASTA NEUPOGEN NEURONTIN^ NEVANAC NEXIUM CAPSULES^ NEXIUM PACKETS NEXTSTELLIS NOCTIVA NORCO^ NORTHERA^ NORVASC NOVOLIN, RELION NOVOLIN NOVOLOG, RELION NOVOLOG NOVOSEVEN RT NOXAFIL TABLETS^ NUCYNTA, NUCYNTA ER NUTROPIN AQ NUSPIN NUVARING^ NUVIGIL^ NUWIO NYVEPRIA OGIVRI OMNARIS **OMNITROPE** ONGENTYS **ONGLYZA** ONPATTRO ONTRUZANT ONUREG ONZETRA XSAIL **OSMOPREP OSPHENA** OTOVEL OTREXUP OXBRYTA OXYCODONE ER OZOBAX PALFORZIA PATADAY^ PAZEO PENNSAID PERCOCET^ PERTZYE PEXEVA PHESGO PHEXXI PIFELTRO PIQRAY PLAQUENIL^ PLAVIX PLENVU PI IAGI IS PRADAXA PRALUENT PRAVACHOL^ PRED MILD PREGENNA PREGNYL PREMARIN TABLETS, PREMPHASE, PREMPRO PREVACID^

PREZCOBIX PRILOSEC SUSPENSION PRIMI FV PRISTIQ^ PROAIR DIGIHALER, PROAIR RESPICLICK PROAIR HFA/ PROCTOFOAM-HC PROCYSBI PROLATE SOLUTION PROLIA PROTONIX^ PROVENTIL HFA^ PROVIGIL PROZAC^ PULMICORT FLEXHALER PULMICORT RESPULES^ **PYLERA** QBRELIS QDOLO QELBREE ER QINLOCK QTERN QUARTETTE^ QUAZEPAM RABEPRAZOLE DR SPRINKLE RANEXA^ RAPAFLO^ RECOMBINATE REDITREX RELAFEN DS RELPAX^ RELTONE REMICADE RENAGEL RENFLEXIS RETIN-A MICRO 0.04% & 0.1%^ RHOPRESSA, ROCKLATAN RIABNI RITUXAN, RITUXAN HYCELA ROCHE (ACCU-CHEK) ROZEREM RUKOBIA ER SAFYRAL^ SAIZEN, SAIZENPREP SANDOSTATIN LAR DEPOT SAPHRIS^ SAVAYSA SEASONIQUE^, LOSEASONIQUE^ SENSIPAR^ SEROQUEL^, SEROQUEL XR^ SIGNIFOR LAR SIKLOS SINGULAIR^ SITAVIG SLYND SOFOSBUVIR/VELPATASVIR SORILUX SOVALDI SPRAVATO STRATTERA^ STRIBILD STRIVERDI RESPIMAT SUBOXONE^ SUBSYS SULCONAZOLE SUPARTZ FX SUPREP SUTAB SYNTHROID^ SYNVISC, SYNVISC-ONE TARGRETIN CAPSULES^ TAYTULLA^ TAZAROTENE FOAM TAZORAC 0.1% CREAM^ **TECFIDERA**^ TFKTURNA^ TEPMETKO TESTIM^ THYQUIDITY TIKOSYN/ TIMOPTIC OCUDOSE^ TIROSINT, TIROSINT-SOL TIVORBEX TOBI SOLUTION^ TOBRADEX ST TOLSURA TOPAMAX/ TOPICORT SPRAY^ TOPROL XL^

TRADJENTA TRANSDERM-SCOP^ TRELSTAR TREXIMET^ TRI-LUMA TRIBENZOR^ TRICOR^ TRILEPTAL^ TRILURON TRINAZ TRIVIDIA (TRUETEST, TRUETRACK) TRÌVISC TRUSELTIQ TRUVADA^ TRUXIMA TUDORZA PRESSAIR TWIRLA TYBLUME UDENYCA III ORIC. UPLIZNA UPNEEQ UROXATRAL^ VAGIFFM/ VALIUM^ VALTREX^ VANOS^ VELTASSA VELTIN VENTOLIN HFA VERDESO FOAM VESICARE VESICARE LS VIAGRA^ VICTOZA VIIBRYD VII TEPSO VIMOVO^ VISCO-3 VIVELLE-DOT^ VIVLODEX/ VPRIV VYFPTI VYONDYS 53 VYTORIN^ WELCHOL^ WELLBUTRIN SR^ WELLBUTRIN XL^ WINLEVI XADAGO XALATAN^ XANAX^, XANAX XR^ XATMEP XELPROS XENAZINE^ XIMINO XOLEGEI **XOPENEX HFA XPOVIO** XTAMPZA ER XYNTHA, XYNTHA SOLOFUSE YASMIN^ YOSPRALA DR ZAVESCA ZEGERID^ **7FI APAR** ZERVIATE ZETIA^ ZETONNA ZILXI ZIOPTAN ZIPSOR ZOCOR^ ZOHYDRO ER^ ZOLMITRIPTAN NASAL SPRAY ZOLOFT^ ZOMACTON ZOMIG TABLETS^, ZOMIG ZMT^ ZONEGRAN^ ZORVOLEX ZOVIRAX OINTMENT^ ZYCLARA ZYLET ZYTIGA^

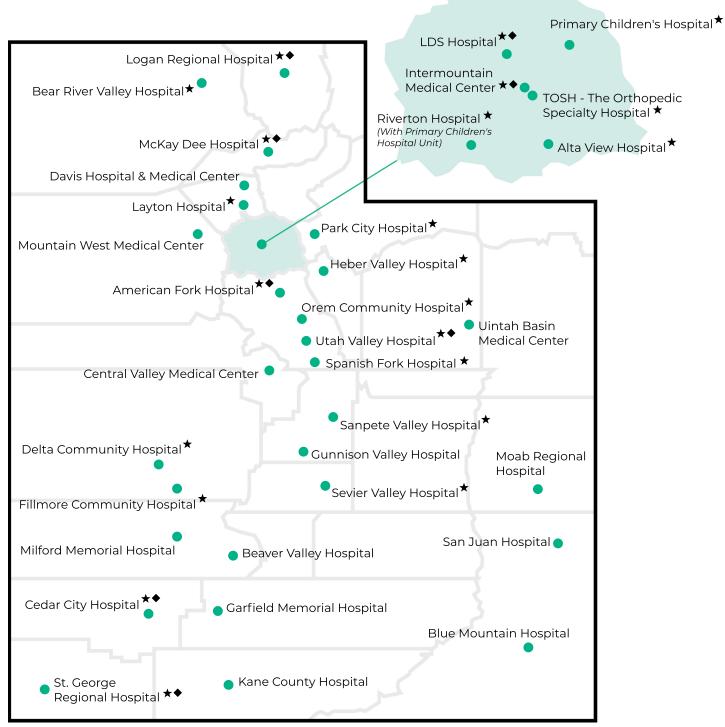
^ Multisource brand exclusion – The generic equivalent of this brand-name medication is covered under your plan. FDA-approved generic medications meet strict standards and contain the same active ingredients as their corresponding brand-name medications, although they may have a different appearance. As new generic medications become available, additional multisource brand products may become excluded.

PREVACIÓ SOLUTAB^



Network Care Utah Hospital Network

Salt Lake County



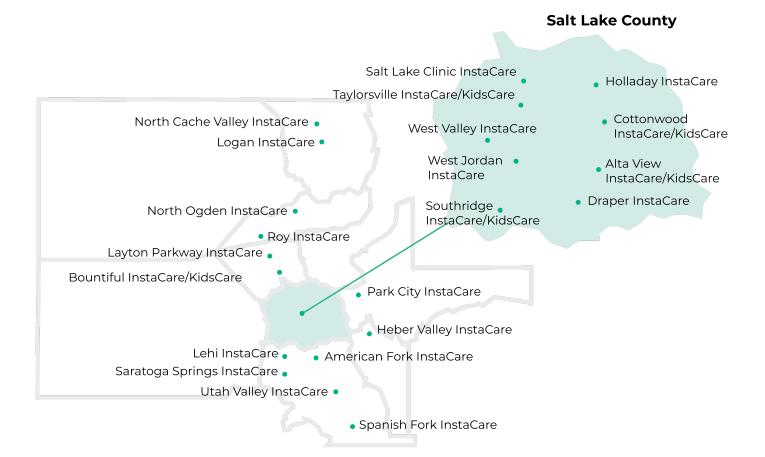
\star Intermountain Healthcare Owned Hospital

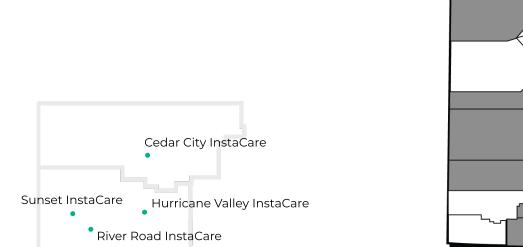
ullet Huntsman Intermountain Cancer Center located at this facility

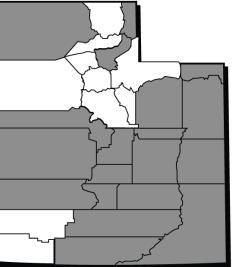


Network Care

Get care quickly for non-emergency illnesses and injuries.







Glossary of Health Coverage and Medical Terms

- This glossary has many commonly used terms, but isn't a full list. These glossary terms and definitions are intended to be educational and may be different from the terms and definitions in your plan. Some of these terms also might not have exactly the same meaning when used in your policy or plan, and in any such case, the policy or plan governs. (See your Summary of Benefits and Coverage for information on how to get a copy of your policy or plan document.)
- Bold blue text indicates a term defined in this Glossary.
- See page 4 for an example showing how deductibles, co-insurance and out-of-pocket limits work together in a real life situation.

Allowed Amount

Maximum amount on which payment is based for covered health care services. This may be called "eligible expense," "payment allowance" or "negotiated rate." If your **provider** charges more than the allowed amount, you may have to pay the difference. (See **Balance Billing**.)

Appeal

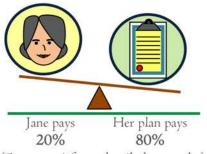
A request for your health insurer or **plan** to review a decision or a **grievance** again.

Balance Billing

When a **provider** bills you for the difference between the provider's charge and the **allowed amount**. For example, if the provider's charge is \$100 and the allowed amount is \$70, the provider may bill you for the remaining \$30. A **preferred provider** may **not** balance bill you for covered services.

Co-insurance

Your share of the costs of a covered health care service, calculated as a percent (for example, 20%) of the **allowed amount** for the service. You pay co-insurance *plus* any deductibles you owe. For example,



(See page 4 for a detailed example.)

if the **health insurance** or **plan's** allowed amount for an office visit is \$100 and you've met your deductible, your co-insurance payment of 20% would be \$20. The health insurance or plan pays the rest of the allowed amount.

Complications of Pregnancy

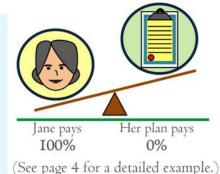
Conditions due to pregnancy, labor and delivery that require medical care to prevent serious harm to the health of the mother or the fetus. Morning sickness and a nonemergency caesarean section aren't complications of pregnancy.

Co-payment

A fixed amount (for example, \$15) you pay for a covered health care service, usually when you receive the service. The amount can vary by the type of covered health care service.

Deductible

The amount you owe for health care services your health insurance or plan covers before your health insurance or plan begins to pay. For example, if your deductible is \$1000, your plan won't pay anything until you've met



your \$1000 deductible for covered health care services subject to the deductible. The deductible may not apply to all services.

Durable Medical Equipment (DME)

Equipment and supplies ordered by a health care **provider** for everyday or extended use. Coverage for DME may include: oxygen equipment, wheelchairs, crutches or blood testing strips for diabetics.

Emergency Medical Condition

An illness, injury, symptom or condition so serious that a reasonable person would seek care right away to avoid severe harm.

Emergency Medical Transportation

Ambulance services for an emergency medical condition.

Emergency Room Care

Emergency services you get in an emergency room.

Emergency Services

Evaluation of an **emergency medical condition** and treatment to keep the condition from getting worse.

Excluded Services

Health care services that your health insurance or plan doesn't pay for or cover.

Grievance

A complaint that you communicate to your health insurer or plan.

Habilitation Services

Health care services that help a person keep, learn or improve skills and functioning for daily living. Examples include therapy for a child who isn't walking or talking at the expected age. These services may include physical and occupational therapy, speech-language pathology and other services for people with disabilities in a variety of inpatient and/or outpatient settings.

Health Insurance

A contract that requires your health insurer to pay some or all of your health care costs in exchange for a premium.

Home Health Care

Health care services a person receives at home.

Hospice Services

Services to provide comfort and support for persons in the last stages of a terminal illness and their families.

Hospitalization

Care in a hospital that requires admission as an inpatient and usually requires an overnight stay. An overnight stay for observation could be outpatient care.

Hospital Outpatient Care

Care in a hospital that usually doesn't require an overnight stay.

In-network Co-insurance

The percent (for example, 20%) you pay of the **allowed amount** for covered health care services to **providers** who contract with your **health insurance** or **plan**. In-network co-insurance usually costs you less than **out-of-network co-insurance**.

In-network Co-payment

A fixed amount (for example, \$15) you pay for covered health care services to providers who contract with your health insurance or plan. In-network co-payments usually are less than out-of-network co-payments.

Medically Necessary

Health care services or supplies needed to prevent, diagnose or treat an illness, injury, condition, disease or its symptoms and that meet accepted standards of medicine.

Network

The facilities, **providers** and suppliers your health insurer or **plan** has contracted with to provide health care services.

Non-Preferred Provider

A **provider** who doesn't have a contract with your health insurer or **plan** to provide services to you. You'll pay more to see a non-preferred provider. Check your policy to see if you can go to all providers who have contracted with your **health** insurance or plan, or if your health insurance or plan has a "tiered" **network** and you must pay extra to see some providers.

Out-of-network Co-insurance

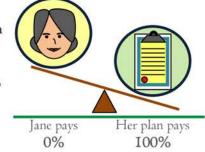
The percent (for example, 40%) you pay of the **allowed amount** for covered health care services to providers who do **not** contract with your **health insurance** or **plan**. Outof-network co-insurance usually costs you more than innetwork co-insurance.

Out-of-network Co-payment

A fixed amount (for example, \$30) you pay for covered health care services from providers who do *not* contract with your health insurance or plan. Out-of-network copayments usually are more than in-network co-payments.

Out-of-Pocket Limit

The most you pay during a policy period (usually a year) before your health insurance or plan begins to pay 100% of the allowed amount. This limit never includes your premium, balance-billed charges or health care your health



(See page 4 for a detailed example.)

insurance or plan doesn't cover. Some health insurance or plans don't count all of your co-payments, deductibles, co-insurance payments, out-of-network payments or other expenses toward this limit.

Physician Services

Health care services a licensed medical physician (M.D. – Medical Doctor or D.O. – Doctor of Osteopathic Medicine) provides or coordinates.

Plan

A benefit your employer, union or other group sponsor provides to you to pay for your health care services.

Preauthorization

A decision by your health insurer or **plan** that a health care service, treatment plan, **prescription drug** or **durable medical equipment** is **medically necessary**. Sometimes called prior authorization, prior approval or precertification. Your **health insurance** or plan may require preauthorization for certain services before you receive them, except in an emergency. Preauthorization isn't a promise your health insurance or plan will cover the cost.

Preferred Provider

A **provider** who has a contract with your health insurer or **plan** to provide services to you at a discount. Check your policy to see if you can see all preferred providers or if your **health insurance** or plan has a "tiered" **network** and you must pay extra to see some providers. Your health insurance or plan may have preferred providers who are also "participating" providers. Participating providers also contract with your health insurer or plan, but the discount may not be as great, and you may have to pay more.

Premium

The amount that must be paid for your **health insurance** or **plan**. You and/or your employer usually pay it monthly, quarterly or yearly.

Prescription Drug Coverage

Health insurance or plan that helps pay for prescription drugs and medications.

Prescription Drugs

Drugs and medications that by law require a prescription.

Primary Care Physician

A physician (M.D. – Medical Doctor or D.O. – Doctor of Osteopathic Medicine) who directly provides or coordinates a range of health care services for a patient.

Primary Care Provider

A physician (M.D. – Medical Doctor or D.O. – Doctor of Osteopathic Medicine), nurse practitioner, clinical nurse specialist or physician assistant, as allowed under state law, who provides, coordinates or helps a patient access a range of health care services.

Provider

A physician (M.D. – Medical Doctor or D.O. – Doctor of Osteopathic Medicine), health care professional or health care facility licensed, certified or accredited as required by state law.

Reconstructive Surgery

Surgery and follow-up treatment needed to correct or improve a part of the body because of birth defects, accidents, injuries or medical conditions.

Rehabilitation Services

Health care services that help a person keep, get back or improve skills and functioning for daily living that have been lost or impaired because a person was sick, hurt or disabled. These services may include physical and occupational therapy, speech-language pathology and psychiatric rehabilitation services in a variety of inpatient and/or outpatient settings.

Skilled Nursing Care

Services from licensed nurses in your own home or in a nursing home. Skilled care services are from technicians and therapists in your own home or in a nursing home.

Specialist

A physician specialist focuses on a specific area of medicine or a group of patients to diagnose, manage, prevent or treat certain types of symptoms and conditions. A non-physician specialist is a **provider** who has more training in a specific area of health care.

UCR (Usual, Customary and Reasonable)

The amount paid for a medical service in a geographic area based on what **providers** in the area usually charge for the same or similar medical service. The UCR amount sometimes is used to determine the **allowed amount**.

Urgent Care

Care for an illness, injury or condition serious enough that a reasonable person would seek care right away, but not so severe as to require **emergency room care**.

How You and Your Insurer Share Costs - Example

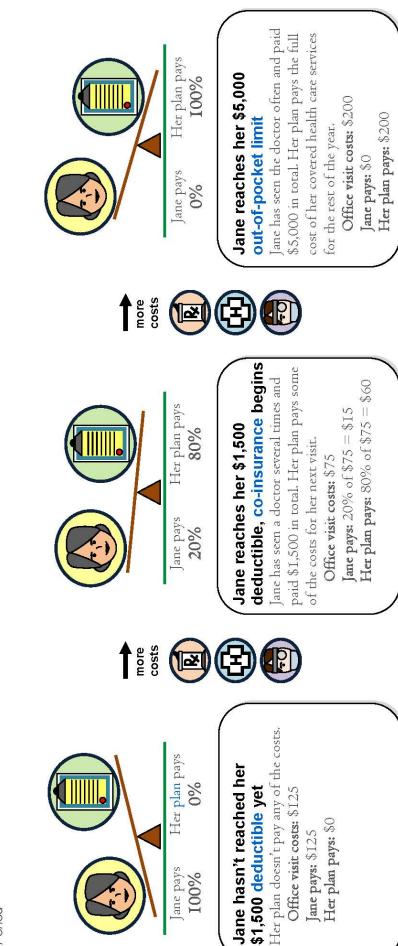
Jane's Plan Deductible: \$1,500

Co-insurance: 20% Out-of-Po

Out-of-Pocket Limit: \$5,000

September 1st Beginning of Coverage Period

August 31st End of Coverage Period





The EMI Health Mobile App



emihealth.com

1-800-662-5850

5101 South Commerce Drive Murray, UT 84107